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2026

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THE HOLT CHRONICLE

The deadline for the July Issue is Noon MONDAY 29th June
The Next Issue will be Published on 10th July 2026

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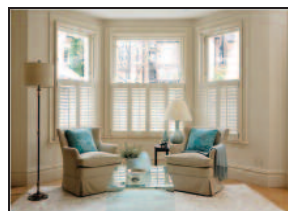
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A Note from the Editor

Flaming June, however, with May's record-breaking temperatures, who knows what is in store. With holidays on the horizon and the temptation to cool off in the nearest body of water, it's time for our yearly reminder to take care. The RNLI have relaunched their 'Float to Live' campaign, and it is a good idea to refresh your memory on warning flags and keeping safe in the water. Head over to rnli.org/safety for some sage advice. Another reminder after the hot weather is to keep our pets' comfort and safety in mind. Hot pavements can burn paw pads and dogs succumb to heatstroke in a very short space of time if not kept well hydrated and cool. If in doubt, leave them at home or keep them in the shade with access to water, and never leave a dog (or any other animal) in a hot car. Go to www.rspca.org.uk/adviceandwelfare/seasonal/summer/dogs for more advice.

Whatever you are doing this month, enjoy your magazine.
Jo – editor.

Here are the deadline dates and publishing dates for the next 3 magazines.

Month	Copy deadline	Publishing date
July	Monday 29th June	Friday 10th July
August	Monday 27th July	Friday 7th August
September	Monday 31st August	Friday 11th September

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If you are facing hardship, we can help you with

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The Holt Society



22nd May - Matt Darge - chainsaw artist

On 22nd May, at the latest meeting of the Holt Society, members and guests were treated to an engaging and well-received presentation by chainsaw artist Matt Darge. Many of those present were already familiar with seeing examples of his work around Norfolk and beyond, but it was fascinating to learn that it was his interest in art that first led him to take up chainsaw carving about ten years ago.

After exhibiting at a number of shows, including the Royal Norfolk Show, it was only after donating a sculpture to Holt Country Park that his carving career really took off. Now working as a full-time chainsaw artist, with commissions from the National Trust, Centre Parcs and several Norfolk District Councils, his order book is full until the end of 2026.

Working from a barn in a nearby farm, animals and natural forms are his speciality, with even the most intricate detail being possible using a chainsaw. One commission involved carving a life-size shire horse and foal. He displayed a range of chainsaws, from his largest with a 3ft bar to more specialist ones with more pointed tips. He tends to use electric chainsaws because they are quieter. Although the batteries have a long life, one problem is that they need frequent charging.

He showed two otters that he had carved earlier that day and explained that a carving of an owl on a post might take about four hours, while a life-size red deer might take several weeks. While his wood carving is very much a labour of love, he has to be constantly aware that it is a business.

12th June 2026 - A talk by Douglas Robb, Headmaster of Gresham's School

This will be a free members-only event where Douglas Robb will be showing members around the Dyson Building at Gresham's School. Since numbers are limited, please book in advance with events@theholtsociety.org.

The Society will then be taking a summer break, and our autumn programme will include:

Friday 18th September in the Venue – A talk by local author and historian Helen Murray. A not-to-be-missed return visit by an award-winning local author.



Friday 23rd October in the Venue – Nigel at the Tower. How a couple converted a World War II airfield control tower into a successful B&B.

BACONSTHORPE VILLAGE HALL

ANNUAL GENERAL MEETING

Wednesday 15th July 2026

Starts: 6.00pm

Everyone is welcome to attend

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Holt Community Centre is a registered charity no 1046613

WHAT'S ON

JUNE

Tuesday 16

John Jarvis' Memory Swap

2pm - 4pm | Free entry
Donations greatly appreciated

Wednesday 17

England v Croatia

Doors 8pm | Kick off 9pm
Free entry | Live on our big screen

Tuesday 23

England v Ghana

Doors 8pm | Kick off 9pm
Free entry | Live on our big screen

Saturday 27

Wrong Jovi

"Better than the real thing!"
Doors 7:30pm | Starts 8:30pm
Tickets £15 | HCC | Online

JULY

Saturday 4

North Norfolk Card Fair

10am - 4pm | Free entry

Saturday 4

Maggie's Charity Bingo

Doors 6pm | Eyes down 7pm | Cash prize
All proceeds to British Heart Foundation

Wednesday 8

Cash Prize Bingo

Doors 6:30pm | Eyes down 7:30pm

Saturday 11

The Austin Beats

Doors 7pm | Starts 8pm
Tickets £10 | Door | Online

See website for up to date details

Hello from the Chair

As summer approaches, there's a real buzz around Holt Community Centre, and we're looking forward to what promises to be a fantastic season of entertainment, activities, and community spirit.

We've got some great events planned, including the hugely entertaining Wrong Jovi, who are guaranteed to get everyone singing along and having a great time. Alongside our live entertainment, there will be plenty of opportunities for local people to come together, meet friends, and enjoy everything the centre has to offer.

As Chairman, I'd like to thank everyone who supports the centre, attends events, and helps keep it thriving. Your support makes all the difference.

Here's to a summer full of laughter, friendship, great entertainment, and plenty of community spirit. We look forward to seeing you at Holt Community Centre soon!

Jim Ramshaw, Chair

The World Cup is your Oyster at HCC

After the heatwaves we endured in May, the prospect of a flaming June may not be what everyone is looking forward to but there's plenty else to look forward to at Holt Community Centre.

What better distraction than watching England play in the FIFA World Cup? The Three Lions are playing Croatia, Ghana and Panama in the Group Stage of the tournament in the United States, Canada and Mexico.

All three of England's group matches and their subsequent knockout round matches will be shown on the big screen at the Community Centre, all with free entry. And Thomas Tuchel's men are expected to go deep in to the competition with a squad boasting players of the quality of captain Harry Kane, fresh from winning the Bundesliga with Bayern Munich, Real Madrid's Jude Bellingham, new Barcelona signing Anthony Gordon and Arsenal's title winning quartet of Declan Rice, Bukayo Saka, Noni Madueke and Eberechi Eze.

First up on Wednesday, June 17 is England's opening match against Croatia in Arlington at 9pm. It's not an easy match against the side who finished third at the last tournament in Qatar and runners-up at the previous finals in Russia. On that occasion, they beat England in the semi-final after going behind early on to a Kieran Trippier free kick only for Gareth Southgate's team to allow them back into the match by sitting on their lead and seeing Perisic equalise in the 68th minute and snatch a deserved win through Mandzukic in extra time. England will be looking for revenge this time around.

The second group stage game is against Ghana on Tuesday, June 2 in Farnborough at 9pm. The Black Stars from Africa will be no pushovers either, featuring established Premier League stars in Manchester City's Antoine Semenyo and former Arsenal midfielder Thomas Partey and recently promoted Coventry City striker Brandon Thomas-Asante. Leicester duo Jordan Ayew and Abdul Faatawu are also included despite relegated recently from The Championship.

The final group stage match is against central American minnows Panama on Saturday, June 27 in New Jersey at 10pm. It is a repeat of England's opening match in the 2018 finals when the Three Lions triumphed 6-1 and skipper Harry Kane scored a hat-trick. Here's hoping for a repeat of that Kane hat-trick and the scoreline.

Screening of the game will start at the end of that night's tribute gig performance by Wrong Jovi. Hailed as "better than the real thing" by some punters who have seen both, it promises to be an explosive night on stage for fans of Jon Bon Jovi

and his band and their hits like "Living On a Prayer", "It's My Life", "Never Say Goodbye" and "You Give Love A Bad Name". Let's hope it's an equally explosive one for England's footballers. Enjoy the heat.

Mark Taylor, HCC Committee Member

John Jarvis' 'Monthly Memory Swap'

The next 'Memory Swap', and the last of the current season, is on Tuesday June 16th from 2.00pm-4.00pm, in the large hall at Holt Community Centre, when John we will be showing 'From the Sea to the Land Beyond', a poetic, feature-length documentary made from over a century of BFI National Archive footage. Directed by Penny Woolcock, the film provides an exquisite visual exploration of Britain's seaside towns, industrial ports, and remote islands. It is a lyrical, moving portrait of the UK's coastline, accompanied by a sweeping, evocative soundtrack composed by indie-rock band Sea Power. The film uses rich found footage to contrast the timeless, reassuring rhythm of the tide with the ever-changing nature of human industry, leisure, and coastal life. Memory Swap will then be taking a Summer break in July and August, and will return on the 15th of September.

WCC 2026-2027 Season Tickets on Sale Now!

Discounted Season Tickets for the 2026 - 27 season of the World Cinema Club are on sale on the Community Centre website now. The detailed programme of films selected is published there also.

Phil Barrett

High Kelling Garden Club

At our last evening meeting before the summer, Nick Acheson, Norfolk Wildlife Trust's ambassador, talked to us about the history of the Trust. As many of our members support NWT, it was a treat to learn about its evolution in its centenary year.



On 6th March 1926, Norwich physician Sydney Long purchased 400 acres of Cley marshes for £5,100 to save it being bought by developers. Norfolk Naturalists Trust (now NWT) was founded and, surprisingly, the winter shooting of wildfowl was permitted until 1966, the revenue from which helped to fund the maintenance of the marshes for waders to breed in the summer. Robert Bishop became the first watcher or warden of the marshes. When his grandson Billy took over in 1937, he found the first bittern nest on the marshes, a bird which had been extinct in the UK for a hundred years. Billy's son Robert has recently retired as warden after four decades.

NWT now manages over 60 nature reserves and protected sites across the county, encompassing the full range of habitats. These cover 5.5 thousand hectares, and the Trust also advises on the management of another 16 thousand hectares. There are 160 permanent staff and around 40 seasonal staff. The reserves protect nationally endangered species of flora and fauna and have seen the return and breeding of previously extinct birds such as avocets, cranes and ospreys. In Holt, our nearest site is Holt Lowes, behind the Country Park, and the nearest reserves are Cley and Salthouse marshes and Thursford Woods, notable for its ancient oak trees. On the Trust's website, you can find out when to visit each reserve to spot the various animals and flowers. With so many different reserves to choose from, I'm determined to visit more this year.

The club has a programme of garden visits over the summer, and our evening meetings will recommence on Monday 14th September.

Young People Invited to Help Run County's Oldest Wildlife Charity

In its centenary year, Norfolk Wildlife Trust (NWT) is looking to the future as it invites 18–25-year-olds to be part of its new Youth Advisory Board.

The initiative, made possible thanks to a grant from The National Lottery Heritage Fund, will put young people at the heart of nature conservation in Norfolk as the charity looks ahead to the next 100 years.

Working alongside NWT staff and trustees, Youth Advisory Board members will have a say on vital issues affecting Norfolk's wild spaces, work with the charity leadership team and lead community nature campaigns. Young people recruited to the Board will have the opportunity to take part in discussions, events, workshops, and training with the aim of making a positive change for Norfolk's wildlife and people.

Working alongside NWT staff and trustees, Youth Advisory Board members will have a say on vital issues affecting Norfolk's wild spaces, work with the charity leadership team and lead community nature campaigns. Young people recruited to the Board will have the opportunity to take part in discussions, events, workshops, and training with the aim of making a positive change for Norfolk's wildlife and people.

'You don't need any previous experience of nature conservation; you just need enthusiasm, a passion to learn and grow, and a desire to work together to help wildlife, our planet and people.'

'Members will have the chance to gain experience and leadership skills, work with brilliant environmentalists and make a real difference to Norfolk's wildlife. It'll be ambitious, inspiring, and joyous!'

Youth Advisory Board members will need to be available to meet once per month, usually from 5pm – 8pm on a Wednesday, and able to commit a few additional hours each month for learning, reflection and planning.

Members will be offered a variety of opportunities including joining team building sessions, events and activities as well as volunteering. They will also be able to join conversations about the future of NWT's



Celestial Voices Concert

Celestial Voices, led by music director Janet Kelsey, with accompanist Mark Jones, will be performing a free concert at 6pm on Saturday, July 11, at St Mary & All Saints Church, Little Walsingham NR22 6BL. The 35 strong choir will sing music dating from the late 1500s to the present day.

The group spent five days in the Nouvelle-Aquitaine region of France on a singing workshop based at a château hotel at Chasseneuil-du-Poitou. On the penultimate night the choir performed a glorious miscellany of music in their concert at Saint-Nicolas Church in Civray. It is this concert the choir will be repeating at home in Norfolk.

The programme includes music by Bach, Rachmaninov, Handel, Taverner, Hedges, Forbes-L'Estrange, Jenkins, Howells and Ravel. The concert will last about an hour and a quarter and there will be a retiring collection. Some parking is available alongside the church but much more at the large Mill Car Park towards the end of High Street in Little Walsingham, a short walk to the church.

Information about the concert and about Château Singing Holidays is available from Fiona Thompson at ft.am@btinternet.com or 07979 400139.

1. 1996-1997 2. Spurs and Wolves 3. England 4. Sevilla 5. yes, Italy in 1989-90 6. none - Celtic Rangers and Dundee United have all been runners-up 7. England 3, West Ham, Chelsea and Palace 8. England 8, Barcelona 4 9. 24 10. Real Madrid, AC Milan, Bayern Munich, Liverpool, Ajax, Inter Milan, Manchester United, Juventus, Benfica, Chelsea, Nottingham Forest, Porto, Borussia Dortmund, Glasgow Celtic, Hamburger SV, Steaua Bucuresti, Olympique Marseille, Manchester City, Paris Saint-Germain, Feyenoord, Aston Villa, PSV Eindhoven, Red Star Belgrade

work and ambitions by taking part in quarterly charity Trustee meetings in addition to helping plan and deliver local wildlife campaigns and initiatives.

Each Youth Advisory Board member will be well supported by a dedicated coordinator and will be given all necessary training. Being part of the Youth Advisory Board is a two-year opportunity, and applicants will need to be available for the duration of the programme which begins this September. You must be based in Norfolk and able to travel to NWT's Norwich offices located near Norwich Railway Station. All expenses will be paid for, including food and travel.

To find out more and apply to become a part of Norfolk Wildlife Trust's Youth Advisory Board, visit: www.norfolk-wildlifetrust.org.uk/YAB. The application deadline is Monday 6 July, 9am.

Photo courtesy of Ali Smith.



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North Walsham and District Branch of Cats Protection

Of the six new cats in care, all but Pippa have now left for their new homes. Daphne and Dora, two lovely young cats who arrived because their owner was not allowed to have pets in the home, have also been reserved and will be leaving once building work has been completed at their new home. We also have our fingers crossed for Kato who has someone interested in giving him a new home too.

At present we have not checked our waiting list to see who the next cats will be to arrive, but will be able to advise you of any new arrivals next time. In the meantime, if you are looking for a cat, we have others available ranging in age from about one year old to 17 years young. Of those mentioned last time who were not yet available, Sox is now ready to find a new family and Alvin is seeing Anne-Marie at Westover next week to advise us as to whether his gums are now in a satisfactory state. Again, more on this next time.

In the last issue we mentioned that at present we were unable to show photos of the cats on our website and that the Mid Norfolk Adoption Centre was helping to rectify this problem. We are hoping to hear from them shortly that our records are now up to date and we can get photos on board again. We also mentioned that we were looking for volunteers to fill this role and that there were other roles available for people with the necessary skills. As a result, we have had three people who have the necessary skills to fill this role and some others. At present we are in the process of seeing what training they will require and look forward to working with them in the future.

If you are interested in receiving help to neuter your cat/kitten, please ring 07880 256948 (to see if you are eligible for a voucher). This number is for vouchers only and will not be able to help with any other enquiries. However, the number also applies for those wishing to take advantage of our special neutering campaign and also covers

micro-chipping your cat if this has not already been done.

If you are looking for a cat or kitten (or have any other queries) please call 01692 535858. Could callers please call at a reasonable time as the phone is in my home. It is not very pleasant to be woken during the night by someone ringing with a cat related query.

Please be aware that if you are interested in giving one of our cats a home, we prefer contact by phone rather than by the contact form on our website,
www.northwalsham.cats.org.uk

Unfortunately, at present we are unable to show details of the cats on the website. However, all enquiries for cats and kittens should be received via the phone number or email address. Although I use a computer for cat work, I only check the contact forms once a day, so there is a delay in responding to enquiries this way and as we deal with enquiries on a first come first serve policy, I may have already spoken to someone who is interested in giving the cat you are interested in a home. If someone has already shown an interest in the particular cat you are interested in, we may wait until they have made a decision before contacting you.

We are on Facebook. You can find us under Cats Protection North Walsham



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Glaven Caring June News

This month we are supporting **Carers Week 2026, 8th-14th June 2026**, to help raise awareness of

caring, highlight the challenges unpaid carers face and recognise the contribution they make to families and communities both locally and nationally.

The focus is on building carer friendly communities - calling for better recognition and support for unpaid carers. At Glaven Caring, we host a monthly Caring for the Carers meet up - on the first Friday of the month. We do this to offer support and give carers and the people they care for a better quality of life and better opportunities.

Carers are invited to join us on **Friday 12th June** - Caring for the Carers - 10am to 12 noon - meet up for coffee with other carers and our local social worker who is happy to answer your questions. This is a chance to share experiences. Do bring your loved ones with you and best to call first so we know.

Friday 19th June - Board Games & Chat - 10am to 12 noon - coffee, chat, chess, and more. Free to attend and all levels welcome. And we are keen to start a Bridge Club - if you are interested too - please let us know. Happy Mondays, join us for lunch - two courses for just £8.00, book early - every Monday!

Tuesday Chatty Cafe mornings with raffle 10.00 to 12 noon - donations please for delicious teas and coffees - every Tuesday!

Also, Waitrose in North Walsham has named Glaven Caring as one of their local charity partners. When shopping in Waitrose, please do support us with one of their green tokens in store - chance to vote closes 30 June - thank you - every token helps!

The Glaven Centre is open four days a week - Monday, Tuesday, Thursday and Friday - closed on Wednesdays.

Do check our website and Facebook pages for June dates of our Bridge/Card Club mornings. We look forward to seeing you

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LASTING POWERS OF ATTORNEY



Why are Lasting Powers of Attorney so important?

It is a common misconception that a spouse/family member has an automatic entitlement to make decisions for you if you lose mental capacity short or long term, but that is not true. To protect you and your loved ones against a short or long term situation where your husband, wife, partner, children cannot make decisions for you, we highly recommend that you contact us to book a **FREE FIRST APPOINTMENT** to discuss putting Lasting Powers of Attorney in place.

There are 2 different types of Lasting Powers of Attorney - one for financial and property decisions and the other for health and care decisions. Setting up Lasting Powers of Attorney can be likened to the purchase of a home insurance policy. You hope that your house won't burn down, but if it did, then knowing that you have house insurance in place can make a real difference in putting your mind at ease.

We are all living longer and statistics show that 1 in 3 of us will develop dementia. Covid and lockdowns have made Lasting Powers of Attorney even more important, especially if you become housebound or are isolating.

It is vital to release the burden from loved ones to allow them to access your money and pay for your care. Banks can freeze accounts if capability is lost, even if in joint names.

A Lasting Power of Attorney negates these issues and gives you and your loved ones peace of mind.

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Editor's Recipes

At this time of year, I don't want to be spending hours preparing meals, quick and simple are my watchwords when there are so many other things I want to be doing.

With that in mind, I have a chicken recipe where all the ingredients go in raw, no frying and sealing, into the oven and dinner is served 45 minutes later. Using chicken breast means there is no need to fry the meat prior to cooking.

The second recipe is a tasty, savoury treat, great for a light lunch or packed lunch, or as I did, to take along to a bake sale.

Lazy Chicken Traybake

Serves 4

Ingredients

400g chicken breasts
500g new potatoes
1 onion
2 cloves garlic
120g frozen peas
Olive oil
salt & pepper
1 tsp smoked paprika
1 tsp dried mixed herbs
Grated cheese (optional)
For the sauce
250ml chicken stock
150ml double cream
1tbs plain flour
1tsp Dijon mustard

Method

Preheat the oven to 180C/160fan/G4

Cut the chicken breasts into one-inch cubes, cut the potatoes into one-inch chunks and slice or dice the onion. Place them all into a baking tray or dish. Mince or slice the garlic and add to the mix. Sprinkle over the paprika, herbs, salt and pepper and drizzle over some oil and mix together.

In a mixing bowl, add all the sauce ingredients, whisk together and pour over the chicken mixture. Cover with a lid or foil and bake in the oven for 20-25 minutes. Remove the lid, add the frozen peas (sprinkle with a little grated cheese if desired) and bake uncovered for a further 25 minutes and serve.



Really Cheesy Scones

Makes 6 large scones

Ingredients

225g self-raising flour
½ tsp salt
½ tsp English mustard powder
¼ tsp cayenne pepper
1tsp baking powder
25g cold butter, cubed
150g extra mature Cheddar, grated
1 large egg
Approx 100mls whole milk
60g Red Leicester cheese, grated

Method

Preheat the oven to 220C/200fan/G7

Measure all the dry ingredients and sift into a large mixing bowl. Rub in the butter until the mixture looks like fine breadcrumbs. Add the grated Cheddar and mix. In a jug, mix the egg with milk to make up 150mls, then gradually add to the dry ingredients mixing until you have a soft dough (you may not need all the liquid).

Turn the dough out onto a floured board and gently roll out to ¾ inch thickness then cut out rounds with a 3" cutter and place on a lined baking sheet, brush with the egg mixture and sprinkle with the Red Leicester cheese. Bake for 15 minutes until golden then put on a rack to cool. Lovely served warm with butter. These will keep for a couple of days in an airtight tin.



Enjoy – Jo.

Sheringham & District Philatelic Society

"Thank goodness you were not born on 29th February!" was directed at Paul who displayed stamps and covers featuring his date of birth. Certainly, having a birthday in the middle of May has given him a lot of opportunity. Early May 1840 saw the first Penny Black, and we saw one posted just over a week later with a lovely red Maltese Cross cancel. A relative rarity on a cover. We enjoyed many other gems, covering pretty well every year of Victoria's reign. Another star was a cover that had been redirected seemingly about 10 times. How times have changed since it was enough to address a letter to Mr. Ivor Tupps, Ramsbottom, Lancs. and it would arrive either the same or the next day.

Our meetings continue to be on the second Mondays of each month at West Runton Church Hall. Meetings start at 7.30 p.m. during our summer programme. Guests are always welcome to all of our meetings. On July 13th members have been invited to display a few sheets on the theme of "The Letter S" – plenty of scope there!

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Diary of a Wildlife Garden

It's May and things are very busy in the garden. Everything is growing very quickly, not least around the pond.

There has been an explosion of growth, water lilies popping up after being dormant all winter and the plants introduced last year are getting well established. I have a flush of Ragged Robin (pictured), the Purple Loosestrife is already over a metre tall, and it is all looking lush and healthy. The water is now much clearer, maybe thanks to the Ramshorn snails introduced last month. Dragonflies are visiting again, I counted 10 Common Blue Damselies on 27th May, several flying in tandem, mating. The Broad Bodied Chasers are also back (pictured), so hopefully they will be laying eggs in the pond again this year.

The meadow patch is growing, but I must admit, not as well as I had hoped. I was expecting an abundance of grasses and wildflowers, instead of



supplemental sowing later in the year.

The bee hotels are a great success this year. I have several different kinds around the garden, a mixture of home-made and bought, and all of them are showing signs of occupation (pictured). It's good to know that I am helping to support the next generation of bees for next year in the garden.



There is a lot of noise going on in the trees around the garden, three new magpies having fledged from the nest in the Sycamore tree, mentioned in April. They are often in the pond bathing and

which it is rather patchy and, so far, not many flowers (pictured). Perhaps I am too impatient, or the birds took a lot of the seed when it was sown. Whatever the reason, I will press on and may do some



drinking and honing their flying skills amongst the trees. I'm not sure how many other nests we have around, but I have left lots of nettles and rough vegetation around the garden in the hope it will provide lots of invertebrates for the smaller birds to feed their chicks. They will also be places for many butterflies to lay eggs and provide food for the caterpillars.

I try to plant wildflowers in the borders which will self-seed and provide food and cover in years to come and many which I planted last year are doing just that. Honesty (pictured), Red Campion, Wild Carrot and many others are flowering and will set seed increasing the number of plants around the garden for minimal cost.

Jo - Editor



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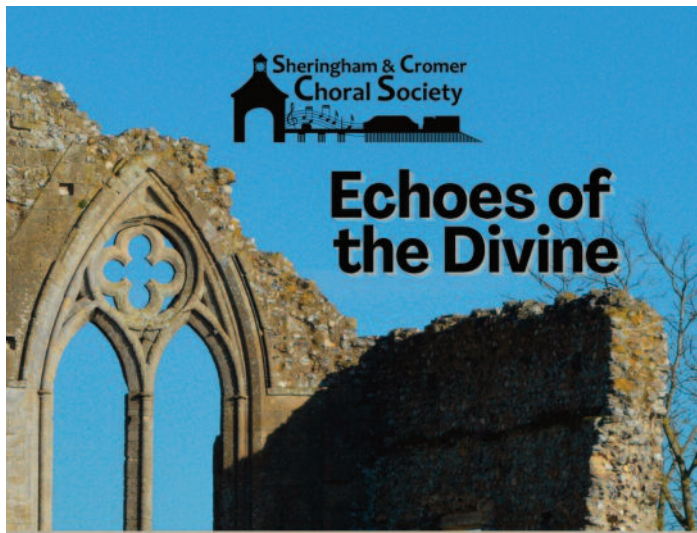


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Ralph Vaughan Williams: *Five Mystical Songs*
 Richard Strauss: *Im Abendrot*
 Johannes Brahms: *Ein Deutsches Requiem*

Binham Priory

Warham Road, Binham NR21 0DQ

Saturday 11 July 6:00pm

Tickets: £20. Under-18s and care-givers free

Book at www.trybooking.com/uk/FYYC
 or on the door subject to availability

Choral Society concert at Binham Priory

For their summer concert Sheringham and Cromer Choral Society are delighted to be take their music a little further afield. They will be performing in the beautiful surroundings of Binham Priory on Saturday 11 July at 6:00 pm.



This concert features three most beautiful pieces of choral music: Ein Deutsches Requiem by Johannes Brahms which will be performed accompanied by the composer's own piano version for four hands; Five Mystical Songs by Ralph Vaughan Williams and Im Abendrot, one of the Four Last Songs by Richard Straus.

The choir are delighted to announce that, for this performance, they will be joined by two outstanding soloists, soprano Alexandra Bryant and baritone Robert Gildon alongside two brilliant pianists, Elizabeth Stacey and John Stephens.

For audience members who wish to make the most of their trip to Binham both The Parlour (01328 830796) for afternoon tea or the Chequers Inn (01328 830297) for lunch are available – booking is essential! For full programme details and more information about the Society please visit www.sheringhamandcromerchoral.org.uk

Tickets £20 (under 18's and care-givers free) from www.trybooking.com/uk/FYYC or via any member of the choir. Please note that there are no additional fees for online booking.

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Fakenham Arts Festival 2026 to Bring Art and Colour to the Town Centre

Fakenham Arts Festival 2026 will run throughout August, and Active Fakenham is already planning a number of new initiatives to build on the success of last year's festival.

One of the new projects being planned is a town centre decoration scheme, which aims to improve a prominent area of the town and bring more art into public spaces.

As part of FAF26, Active Fakenham hopes to paint some tired-looking boards in the passageway that runs from the Market Place to the historic Parish Church, creating a much smarter and more attractive backdrop. This would provide a long-term improvement to an area that would benefit from some care and attention.

During the Arts Festival, the newly painted boards would also be used to display artwork. The current plan is to feature images of local artists' work, probably printed onto removable aluminium panels. These could then be taken down at the end of August, left in place for longer, or replaced with other works in the future.

Richard Crook from Active Fakenham said: "We are very much looking forward to this year's Active Fakenham Arts Festival, and some of us have been working hard behind the scenes to build on the enormous success of FAF25."



"This project would be a real benefit to the town. It is one of a number of new initiatives we are planning for this year, and we will be announcing others soon."

"There may well be a discussion to be had about what happens at the end of August — whether we remove the art panels, leave them in place for longer, or replace them with other works. The important thing is that the boards themselves would be improved, giving a lasting benefit beyond the festival."



FAF26 is already shaping up to be another exciting celebration of local creativity. Active Fakenham currently has 39 artists and 48 town centre venues involved in this year's festival, helping to bring the town to life through art. The organisers are now preparing to close the lists and move on to marketing the festival.

There is no cost for venues or artists to take part. Richard added: "If any artists involved in the festival would like to be part of this town centre display project, please contact me as soon as possible. We are also looking for two more sponsors for the festival and would be delighted to hear from any businesses or organisations that would like to support FAF26."

Active Fakenham would also like to thank all the supporters, sponsors, artists, venues and volunteers who help make the Arts Festival possible.

Richard Crook
07887 803091
richard@activefakenham.org.uk

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St Mary's Church, Kelling

Services are based on the Book of Common Prayer

1st and 3rd Sunday of every month

Holy Communion – 11am

2nd and 4th Sunday of every month

Matins– 11am

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Roman Catholic Churches Mass Times

The Church of The Annunciation, **Walsingham**.

Sunday 11am, Monday-Saturday 9.30am.

Our Lady Star of the Sea, **Wells**.

Saturday 6pm, Sunday 9.00am, Thursday 9.30am.

St Henry Walpole, **Burnham Market**. Sunday 9.30am, Friday 9.30am.

St Andrew's Church, **Holt** at 9:30am on Thursdays.

The Catholic Parish of Our Lady & St. Joseph, **Sheringham and Cromer**

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Holy Communion

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- 3rd Sunday of the month:

Morning Prayer

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SAINT ANDREW'S & ALL SAINTS NEWS

The Parish of Holt with High Kelling

Rector: Fr. Howard Stoker SSC, The Rectory, Church Street, Holt NR25 6BB Tel: 01263 712048
email: holtrectory@tiscali.co.uk

Churchwarden: Tim Bennett Tel: 01263 713039, Licensed Lay Minister John Allen Tel: 07771363176
Parish Office Tel: 01263 713479 E: standrewsholt@btinternet.com website at www.holtchurch.org



FROM THE RECTOR.

Dear Friends,

As the summer unfolds North Norfolk is saturated with musical, literary and artistic events. There is a proliferation of things to choose from in and we all are spoilt for choice. Many of the events are to be held in the beautiful churches which are dotted across the wonderful landscape of Norfolk's countryside. The late John Betjeman once wrote that the profusion of the number of Norfolk churches, all 659 of them, is their greatness and he described them as jewels on a necklace.

The Church has a long tradition of being a patron of the Arts and it is good to see the Church opening its door to lovers of art, music and literature. Over the centuries the Christian faith has inspired musicians, artists and writers to produce the most wonderful and uplifting pieces of music, exquisite works of art and profound pieces of literature. Perhaps no more so that during the renaissance of the 14th, - 17th centuries. Names such as Michelangelo, Raphael, Leonardo de Vinci, Bernini, Caravaggio, Thomas Tallis, William Byrd, Handel, Bach, Mozart, Allegri are names that are familiar to us and many of their wonderful and awe-inspiring masterpieces adorn the churches in Rome and their music is played and sung around the world.

Art is often described as other worldly. It has that ability to transcend the immediate and help us glimpse something of that which lies beyond. It can touch something deep within us and speak to the heart as well as the mind. All that we need to do is to engage and give art time to speak to us. It has been said that a work of art, a piece of music, or literature took the artist, composer and author time to create it and we need to take time to see, hear it and read it in order to appreciate it.

For well over a decade the Parish Church has played host to the Holt Festival, now the Holt Art Project and once again we look forward to a two-week art exhibition in July (from the 19th July – 1st August), which will also run alongside a series of concerts arranged by the Church, and a number of literary events organised by Holt Book Shop as they celebrate their 6th birthday. Together, with a children's art and craft tent there should be something for everyone.

But before then we look forward to welcoming to St Andrew, on Friday 19th June a Ukrainian Community Choir visiting the area raising funds for humanitarian aid for communities and families in Ukraine. This is a free concert with retiring collection.

Our district Church of All Saints at High Kelling is also not to be left out! Following the success of the centenary weekend in 2024 we are arranging our very own "Open Air Summer Concert" in the beautiful grounds of the church. On Saturday 27th June we will welcome "ChrisNDan" and "Two Beards and a Piano" to perform a spectacular night of music. With classic hits from the Rat Pack to Elvis together with some original songs it is shaping up to be the highlight in the social calendar of High Kelling. Hot food will be provided to purchase by Holt 1st Scouts and we will be providing a bar. Depending on your taste it may not transcend the immediate but it will certainly be an evening not to miss! I hope to see you there.

Summer Time

The 18th century, playwright, poet and novelist Johann Wolfgang von Goethe, wrote, that "one should hear a little music, read a little poetry, and see a fine picture every day of his life, in order that worldly cares may not obliterate the sense of the beautiful which God has implanted in the human soul."

Here's to a wonderful artistic summer!

FROM THE REGISTERS.

Baptism

17th May: Albie Holl

Funerals

29th May: Roland Derick Matthews

11th June Albert Goldsmith

18th June: Joyce Ann Morris

KRYLA – UKRAINIAN COMMUNITY CHOIR

In Concert

Friday 19th June 7.00pm.

Echoes of Soul & Spirit

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TIMES OF WORSHIP:

Sunday Services

8am Book of Common Prayer Eucharist

9.15am Said Eucharist at All Saints, High Kelling

10.30am Parish Sung Eucharist.

5.00pm Choral Evensong (2nd Sunday of the month)

Week day services Mon – Sat

Morning Prayer 9am. Evening Prayer 5.30pm

Daily Eucharist 9.30am / Wed 12noon.

Thurs 10am at All Saints

LIVE STREAMING: The Sunday Parish Eucharist continues to be live streamed on YouTube at 10.30am.

YOUTUBE: St Andrew the Apostle, Holt

Please see our website or facebook page for more details.

www.holtchurch.org

LITTLE LAMB'S PARENT & TODDLER GROUP

meets every Wednesday during term time

9.15am – 11.00am in the Parish Church Hall in Street Hall. All parents/carers are welcome to come along and meet with friends and make new ones.



RESCUE : WOODEN : BOATS

Maritime Heritage Festival & Flotilla

The annual Maritime Heritage Festival and Flotilla 2026, hosted by charity Rescue Wooden Boats will take place in Wells -next-the-Sea, Tugboat Yard, East Quay NR23 1GA from 10am on Saturday 20 and Sunday 21 June with the Flotilla departing from Tugboat yard at 11.30 on Saturday 20 June, led by our flagship Lucy Lavers, to the harbour mouth and returning to a sea shanty welcome.

The Maritime Heritage Festival is the essence of what Rescue Wooden Boats aims to do – bring together the historic wooden local working boats afloat, with the families who built and worked them, and tell and share their stories with others and different generations. The hundreds who come along to the event enjoy history in action afloat. There will be:

- Local historic wooden boats on display afloat (especially on Saturday, some boats will have to leave on Sunday for their home ports as there is a morning tide) with their histories on the green at Tugboat Yard, East Quay, Wells-next-the-Sea, NR23 1GA
- A spectacular Flotilla leaving at 11.30 on



Saturday when the boats all steam out to the harbour mouth and back, returning to a sea shanty welcome.

- A chance on Saturday afternoon to have a guided closer look at the boats
 - Rescue Wooden Boats Maritime Heritage stall with information and merchandise
 - A display and workshop of knot tying and rope work by very popular Andy McBride
 - A food van, and a cake, coffee and tea stall
 - A licensed bar
- Wonderful live music on:
- Saturday Nelson Shantymen at 12.30 then Sheringham Shantymen at 3pm and on
 - Sunday Blakeney Old Wild Rovers 11am and the Castaway Crew at 1.00
- We look forward to seeing you.

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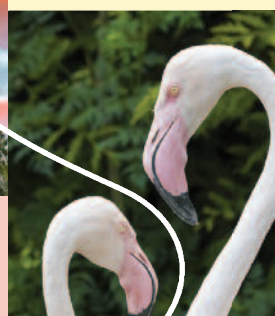
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Entertainment and Events at Weybourne Village Hall



Weybourne Village Hall is an ideal venue for family functions and parties, look at our website for more information, www.veybournevillagehall.org.uk

Film Night Friday 19th June 2026. Please see our website or posters for the film title. Doors open 7pm for a 7.30 start. No booking necessary. You are welcome to bring drinks and nibbles with you, and please bring your own glass. Ice creams available to buy. Proceeds to Village Hall. Next film Friday 17th July.

Tea and Tech Wednesday 24th June 2026. Hollie, Community Tech Coach from NCC will be available between 2 and 4 pm to help you with online shopping, banking, NHS services and more. Bring your device and charger with you, or if you don't have a device NCC may be able to help you. Tea and coffee provided; the session is free but donations are welcome.

For more information
email secretary@veybournevillagehall.org.uk

The next Bingo session will be on Friday 26th June 2026. Doors open at 7pm, eyes down 7.30pm. No booking necessary. £1 entry with tea and coffee provided. Please bring other drinks and nibbles if required and your own glasses. Proceeds to Village Hall.

Table Tennis, every Wednesday 9.30 – 11.30 am. Interested in playing? Come and join us at the Village Hall, Beach Lane, Weybourne, NR25 7AH. We are a friendly and sociable group who play to a reasonable standard. We welcome players of all ages. So if you want to keep active, meet others and enjoy yourself, come along and see if it is for you, or for more information contact Phil Sheridan on 07799 500278 or Mick Bowman on 07710 606100.

Please see our website for the regular schedule.
For bookings contact: bookings@veybournevillagehall.org.uk
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From Holt Holistic Centre

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Summer's warmth and sunshine are wonderful, but high temperatures and strong UV rays can take their toll on our bodies. Alongside staying hydrated, wearing natural sunscreen, and seeking shade, homeopathy offers a safe, natural way to ease discomfort, boost resilience, and help you recover quickly when the heat or sun gets too much. It works gently for all ages, making it a perfect addition to your seasonal wellness kit.

When heat builds up and leaves you feeling drained, dizzy, or heavy-headed, Gelsemium is the go-to remedy. It calms that exhausted, trembling feeling and eases dull, throbbing headaches brought on by hot weather. If you've been sweating heavily and feel weak or depleted, China helps restore vitality and balance. For intense, pounding headaches or a sensation of extreme pressure and flushing after being in the sun, Glonoine acts rapidly to relieve that overheated sensation.

Heat rash – those itchy, prickly red spots that appear when sweat glands become blocked – responds beautifully to Urtica Urens. It cools stinging, burning skin and calms inflammation fast. If the rash is bright red, hot, and highly sensitive to touch, Belladonna is ideal to reduce redness and discomfort. While hydration, sunscreen, hats, and shade remain essential, homeopathy can help improve your skin's tolerance. Sol, taken for a few days before and during sunny spells, helps reduce sensitivity and the tendency to burn easily. For people who always burn quickly, get blisters, or develop headaches after sun exposure, Natrum Muriaticum is especially helpful. If you do get overexposed, there are after-sun care solutions. Cantharis relieves the sharp, burning pain of mild sunburn, while Calendula cream or gel soothes, cools, and supports skin repair. Urtica Urens also works wonders for itchy, blotchy, or irritated skin.

Safe, natural, and easy to use, these remedies help you enjoy summer comfortably. For more information or to book a Homeopathic Consultation at Holt Holistic Centre.

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Corpusty Weekend

At Corpusty & Saxthorpe Village Hall and Old
Railway Station 18 & 19 July 2026

Saturday 18th, 2pm – 6pm. Music with "The
Core", local blues band

Sunday 19th, 3pm. Gospel According to Jazz

Sunday 19th, 7pm. A Comedy of Errors; an
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Fakenham Choral Society Bids a Fond Farewell to Music Director Mark Jones

Fakenham Choral Society will bid a fond farewell to music director Mark Jones after its summer concert 'Midsummer Classics' on 20 June. Mark, who has been music director since October 2018, has decided to step back from his role at FCS to concentrate on his many other musical interests and enjoy some leisure time.

'We will miss Mark's enthusiasm and energy,' says Rosemary Dear, FCS chair. 'The choir's success is in no small part thanks to him, and we wish him well'.

During his time with FCs Mark has directed three concerts and a 'Come & Sing' day each year, keeping the choir going strong online throughout COVID.

As well as his role at FCs Mark currently directs four different choirs at Gresham's School, is the director of music and organist at St Andrews Church Holt, musical director at the North Norfolk Chamber Opera and directs the choir at St Martin's Church in Hindringham.

We spoke to Mark at FCs's recent 'Come & Sing' day about his music and his plans.

What is your most memorable concert?

It has to be Verdi's Requiem during FCS's 50th anniversary year. It's one of the works that has been there all my life, from when I was a choirboy, and is the most exciting piece to sing and to conduct.

Why has FCS never performed Carmina Burana during your tenure?

Because it's all in the same key! There are so many other more interesting works!

Do you have any musical ambitions left?

I do things that I love doing so really my ambition is to keep playing and encouraging choirs. Take this morning, for example. I conducted the choir at Gresham's annual Pet Service with 150 pupils singing, including the prep school. I could pick out the pupils that would be singing with me in a few years' time.

What about new music - any composers that you particularly recommend?

There's a lot of fabulous small-scale stuff being written now - I've been listening to 3 contemporary pieces by female composers, which are excellent. The smaller contemporary pieces tend to be better than the large-scale works.

What do you do to relax?

I run, garden, walk and ski. I would sail but I no longer have a boat. One of the reasons I'm cutting back on my commitments is so that I can have a bit of holiday!

Tickets for Fakenham Choral Society's performance of 'Midsummer Classics' on Saturday 20 June at 7.30 pm at Fakenham Parish Church are available at www.fakenhamchoralsociety.org/forthcoming-1



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Death overseas: practical steps and immediate challenges

By Miranda Marshall, Director, Hayes + Storr.

When someone dies abroad, the already sad and difficult situation becomes even more complex. In this first article, I look at the immediate practical steps and challenges that arise. In my next article I will cover legal complexities and estate administration.

There is a maze of legal and practical steps to overcome and every case is different. Different countries present their own specific issues to address. The key to managing involves understanding which country's laws apply, what documents are needed and how best to co-ordinate the process from England.

The first immediate practicality is registering the death. Local procedures vary widely. In some cases, the death must be registered at the town hall, while in others it is done through the hospital or police authority. The British Consulate can assist with the local process. Once the death has been registered abroad it is possible to apply for consular death registration through the British authorities. This involves sending the foreign death certificate and certified translation to the General Register Office, which can issue a United Kingdom record of the death.

A decision may need to be made whether to repatriate the body or to arrange for a burial or cremation abroad. Repatriation involves complex logistics, including obtaining permits for transport, coordinating both foreign and British funeral directors, and complying with customs and health requirements. Costs vary depending on distance and the level of consular assistance available. Some travel insurance policies include repatriation cover.

Even if the burial or cremation takes place abroad, you may still need translated copies of the death certificate, medical reports, and other documents for the estate administration. The translations must be by



certified translators to be accepted by British institutions. Only once these steps have been taken, the estate administration can start.

For further information, the Hayes + Storr private client team on 01263 712835 or email law@hayes-storr.com.

This article is for general information only and does not constitute legal advice. The law may have changed since publication.



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Carly Sullivan is a family solicitor specialising in children law, advising on divorce, separation and child arrangements, including legal aid for children's services matters.

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Carly Sullivan
Head of Children Law



FireDance VP is 'Looking Up'

Readership and visitors to FireDance VP have steadily increased over recent months, thanks in no small part to the quality and variety of content featured in the portfolios contributed by individual photographers. The Viewing Platform FireDance VP, features one photographer's portfolio each month on a single subject that just they have chosen. This enables viewers to fully appreciate the talents and depth of interest shown in their subject.

'Looking Up' is the title of this month's portfolio by Lynn Loader which includes a fascinating series of images from celestial spectacles to magical murmurations, not to mention motorbikes in flight!

All these wonderful examples of Lynn's talents, many taken here in North Norfolk, can be seen and fully appreciated at firedance-vp.weebly.com

where you can also study past portfolios –

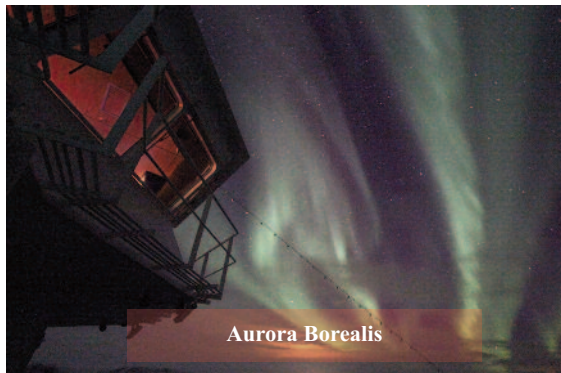
'Close Up' from Grace Glaister,

'It's All Happening Out There' from Frederic Landes,

'Seascapes' by Roger Anthony and 'Artistic Filters'.

You can also add your own comments, questions and observations to any of these, at any time.

If you'd like to be part of FireDance VP, e-mail firedancevp@timfolkes.com



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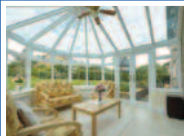
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Holt and District Probus Club

Holt and District Probus Club met at The Feathers in Holt on the 6th May and after the usual excellent lunch were introduced to Christopher Bingham from the Sheringham Coast Watch.

Many will have walked along the cliff top path beside Sheringham Golf Club and have wondered about the hut with windows at the top of the hill: this is where Sheringham Coast Watch operate.

One of over 50 around the country, Sheringham Coastwatch has a rich history, founded in 1997 to help keep the users of sea and coastal areas safe. Prior to 1997, the watch tower goes even further back to when it was part of HM Coastguard.

A visual watch is kept on the coastal areas around the lookout, and a radar watch within 15 miles. International distress channels are monitored, and they watch over and assist divers operating in the area, monitor local weather conditions and provide weather reports and report incidents and emergencies to HM Coastguard.

Entirely staffed by volunteers, the lookout is manned 365 days a year from 09:00 to 16:00hrs in winter and 09:00 to 18:00hrs during British Summer Time. The lookout is well equipped with radar, a powerful telescope and radio equipment.

After answering some searching questions, Christopher was thanked for his very interesting talk. Holt Probus Club meets for lunch followed by a talk on the first Wednesday each month at The Feathers Hotel in Holt. Always on the lookout for new members, any interested gentlemen should contact Dave Wyeth at dave.wyeth@icloud.com or find the club on the web at holtprobusclub.com



Christopher Bingham

Now We Are Six: The Holt Bookshop announces week-long summer celebration

The Holt Bookshop is celebrating its sixth birthday this summer with a full week of literature, music, film, art and conversation.

Following the success of last year's fifth birthday weekend, the bookshop's new "Now We Are Six" celebration will run from Saturday 25 July to Saturday 1 August 2026, with events taking place at St Andrew's Church, Holt Community Centre, The Holt Bookshop and No 10 Café.

The week opens with Dancing with Darcy, a special narrative recital exploring the music of Jane Austen's novels, celebrating Holt's Georgian heritage. All profits from this opening concert will go to St Andrew's.

Across the week, audiences can enjoy an impressive line-up of authors and speakers including Lady Anne Glenconner, Sarah Hall, Claire Lynch, Wendy Holden, Melissa Harrison, Peter Grainger, Kiran Millwood Hargrave, Sara Bayat, Claire Daverley, Tim Sullivan, Rob Parker, James Briggs, Ben Tufnell and Amanda Geitner.

There will also be a free children's event with Norfolk miniature Shetland pony and dementia ambassador Jack Brock and his owner Ali Stern, a screening of The Man Who Fell to Earth to mark the 50th anniversary of the film's release, and a free discussion, I'm Not a Robot, exploring the impact of AI on literature and publishing with leading literary agent Jonathan Lloyd and author Julianne Pachico.

One of the highlights of the week will be You Must Change Your Life: Rilke, Rodin & Gwen John, a new staged event by Tony Britten, narrated by actor Roy Marsden, with tenor Nicholas Mulroy performing music by Debussy, Erik Satie and new settings of Rilke's poems written by Tony, the composer of the Champions League theme. The event marks both the centenary of Rainer Maria Rilke's death and the 150th anniversary of Gwen John's birth. There will also be the UK premiere of a documentary about Rilke.

The celebration also includes a Holt Art Trail, showcasing local galleries and creative businesses around the town. We are pleased to announce that our celebrations this year partially coincide with Holt Art Projects, which will be running exhibitions and events in St Andrew's. This new initiative continues the artistic legacy of Holt Festival and will include the presentation of the Sir John Hurt Art Prize, along with six other awards.

Pam and Keith Britten said: "After the wonderful response to our fifth birthday weekend, we wanted to come back with something even more ambitious. Now We Are Six is not just a series of author talks, but a celebration of books, music, film, art and the cultural life of Holt. We are hugely grateful to our customers, visiting readers, local businesses, galleries and venues for helping make it possible."

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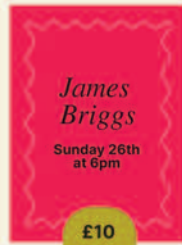
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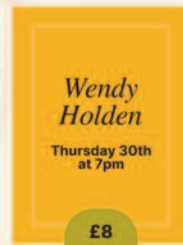
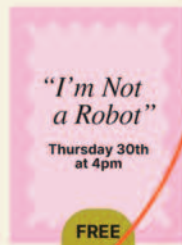
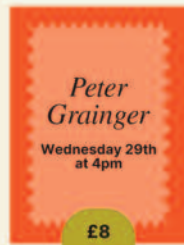
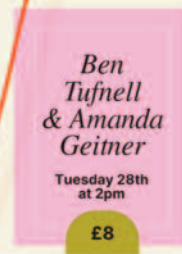
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RNLI Launches Float to Live Campaign

The RNLI is urging people to remember a single piece of advice which could save their life if they are struggling in the water.

The RNLI has launched its Float to Live campaign and is reminding people to use the simple technique if they get into trouble in the water, as new research reveals that an estimated 48.97M people will be heading to the coast at least once over the summer.

The RNLI is urging people to remember the lifesaving technique as sea temperatures remain extremely cold at this time of year, increasing the risk of cold-water shock.

Philip Smith Water Safety Happisburgh says: 'We know that there will be a huge amount of people visiting open water and the coast over the coming months and we want everyone to remember our Float to Live advice. Instinctively, most people who find themselves struggling in the water will begin to panic, swim, or thrash about.'

'We're urging people to ignore this instinct and remember to float: Tilt your head back, with your ears submerged. Relax and try to breathe normally. Move your hands and legs to help you stay afloat if you need to. It's fine if your legs sink – we all float differently. By doing this, you give yourself the chance to rest and recover your breathing. Once you've regained control of your breathing, you can call for help or swim to safety.'

Jordan Wylie MBE, award winning adventurer and TV personality is supporting the campaign.

Jordan said: 'If you remember one thing this summer when heading to the coast or open water, make sure it's the RNLI's Float to Live advice. This simple technique really could save your life if you get into trouble in the water.'

In 2024, there were 193 accidental drowning fatalities and 84% were male. Males aged 20 to 29 were the highest group for accidental drowning fatalities.

The charity's advice for anyone struggling in the water is 'Float to Live':

- Tilt your head back, with your ears submerged
- Relax and try to breathe normally
- Move your hands and feet to help you stay afloat
- It's fine if your legs sink, we all float differently
- Practise floating in a local pool if you can.

If you see someone else struggling in water:

- Phone 999 to get help
- Tell them to stay calm and float on their back
- Throw rescue equipment to help them float until emergency services arrive

For more information visit RNLI.org/Float.



BACONSTHORPE VILLAGE FETE

SATURDAY 20TH JUNE 2026

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Jane Austin's Northanger Abbey at Baconsthorpe Castle

Gothic fantasy meets Norfolk history!

This summer, Moving Parts Theatre Company will invite audiences to step into a world of sparkling Regency romance and shadowy Gothic thrills, in their brand-new adaptation of Jane Austen's Northanger Abbey.

The crumbling flint walls and sun-dappled moat of English Heritage's Baconsthorpe Castle are set to become the perfect stage for Austen's classic satire. This 15th-century moated manor, with its towering gatehouses and atmospheric ruins perfectly reflects the vivid Gothic imagination of young heroine, Catherine Morland.

When Catherine arrives at the mysterious Northanger Abbey, imagination begins to blur the lines between fiction and reality. But will she discover the dark secret hidden in the heart of the Abbey ...?

A magical way to experience the magnificent setting of Baconsthorpe Castle at sunset - having just reopened to the public after three years of restoration work by English Heritage.

Audiences are invited to arrive early to immerse themselves in the site's tranquil beauty with a pre-show picnic by the moat - where the resident swans may be seen nesting near the water's edge - and then experience a performance full of live music, Regency romance and Gothic drama! Performance details:

Date: Saturday 25th July 2026

Times: 7pm

Location: Baconsthorpe Castle, Castle Lane, Baconsthorpe, Holt. NR25 6LL.

Book at: <https://movingpartstheatre.com/dates-and-venues/>



movingpartstheatre.com

Northanger Abbey

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As we move into the warmer months, many of us enjoy spending more time outdoors with our pets. However, June also marks the start of grass seed season – a time when a seemingly harmless part of nature can pose a serious risk to our furry companions.

Grass seeds are small, dart-shaped seeds that can easily become attached to a pet's fur during walks through long grass, meadows, and roadside verges. Their pointed shape allows them to burrow into the body, causing irritation, infection, and sometimes significant injury.

Dogs are particularly at risk, especially those with long coats or hairy ears and paws.

Common areas where grass seeds become lodged include between the toes, inside the ears, around the eyes, and up the nose. Once embedded, they can continue to migrate deeper

Tiny Seeds, Big Problems: The Hidden Dangers of Grass Seeds

into the tissue, making them increasingly difficult to locate and remove.

Signs to watch for include excessive licking of the paws, persistent head shaking, redness or swelling between the toes, sudden sneezing, discharge from the eyes, or signs of discomfort

after a walk. If left untreated, grass seeds can lead to painful abscesses and infections that may require surgical removal.

Fortunately, there are steps owners can take to reduce the risk. Check your pet thoroughly after walks, paying particular attention

to paws, ears, and areas of long fur. Regular grooming can also help prevent seeds from becoming trapped. Where possible, keep to well-maintained paths and avoid areas of long, dry grass.

If you suspect your pet has picked up a grass seed, it is important to seek veterinary advice promptly. Early treatment is often simpler, less invasive, and more comfortable for your pet.

At Toll Barn Vets, we see many grass seed cases every summer so if you have concerns about your pet give our team a call on 01692 407126. A quick check after each walk can make all the difference and help ensure your pet enjoys the season safely.



Nurse Lucie having a cuddle with Myrtle after removal



Grass seed found in Myrtle

Aylsham Open Gardens Weekend 27th & 28th June 2026

In preparation for the Aylsham Open Gardens event in June, Aylsham in Bloom volunteers have been visiting all the gardens that will be open on 27th and 28th June. Around twenty private gardens in Aylsham will be open, with half of them new to the event. Wendy Sadler, who is co-ordinating things, says that they are all delightful gardens that will inspire, inform and entertain.

The gardens display a wide variety of styles, including innovative modern courtyards, gravel gardens, wildlife gardens, vegetable and fruit beds and traditional shrub and herbaceous borders. You will be able to learn how to create Bonsai, pleach trees and use art in the garden. Eve's Hill Community Market Garden will be open on the Saturday 10am to 2pm as part of the event and on Sunday West Lodge will open their historic Grade 2 listed kitchen garden. There is much to admire and ideas to take home. All of the gardeners are keen to show you around and share their love of gardening. Many of them will be selling refreshments, plants and crafts, to raise money for various charities, including Breast Cancer, About with Friends, the Norfolk Churches Trust, Motor Neurone Disease, Cystic Fibrosis, Aylsham Methodist Church and Redwings Horse Sanctuary.

Aylsham in Bloom, which is part of the Aylsham Community Partnership charity, runs the event and receives the ticket money which enables the volunteers to maintain the Bloom planting around the town. Tickets are only available on the days from Aylsham Heritage Centre in St. Michael's churchyard.

Ticket sales start from 9am to allow visitors time to plan their day.

Gardens Open from 11am to 4pm

The cost is £5.00 per person per day or £8.00 per person for two days, accompanied under 16s free.

Assistance dogs are welcome in all gardens; other dogs on short leads at garden owner's discretion.

Any queries please contact Wendy aylshaminbloom@yahoo.co.uk or 07855 049963





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A Fresh New Space - Our Kitchen Makeover!



The kitchen at the day centre has undergone a fabulous transformation through an impressive refurbishment creating a brighter, safer and more welcoming environment for everyone who uses it, transforming the way we serve the local community with meal on wheels and our clients at lunch club.

This project has improved the catering facilities through the installation of a new energy efficient canopy providing improved ventilation and extraction. A brand-new Bain Marie has modernised the way meals can be presented and served, with a modern, new hot cupboard ensuring food is maintained at safe serving temperatures, allowing for a smoother more efficient service and improving the overall dining experience for those attending the day centre.

The refurbishment also includes bright new lighting to improve visibility, durable flooring and hygienic cladded walls, providing a clean practical and easy to maintain area. New stainless steel shelving and storage units further improve organisation and efficiency.

This refurbishment would not have been possible without the generous funding we secured and community support. A very special thank you goes to our local Knitters and Stitchers who dedicated an entire year to fundraise for us. Their commitment, kindness and community spirit

have helped make the transformation possible and we are extremely grateful for their support.

For more information on our meals on wheels delivery or to attend our lunch club please telephone the office on 01263 821188 or email enquiries@sheringhamdayservices.co.uk



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Sheringham Ramblers Walks May – June 2026



All walks commence at 10.00am unless otherwise stated.

If you wish to bring a dog on any walk, please contact the Leader beforehand. Please check our website for further details and any last-minute changes.

(<https://www.ramblers.org.uk/go-walking/ramblers-groups/sheringham-district-group>)

Interested in joining the Ramblers? – come along for a taster walk.

Sunday 21st June: 5.8-mile circular walk led by Mike commencing at the Bure Valley Community Centre car park. The walk follows paths and tracks easterly along the northern side of the Bure Valley before turning south to cross the river via paths and a boardwalk. It then passes through the north-western part of the Blickling estate on tracks, returning to Itteringham along a country lane. It is generally easy walking with a couple of stiles and some gentle slopes, with a mixture of attractive open countryside, parkland and woodland. Nearest Post Code NR11 7AX. -Community Centre Car Park - £1 donation per car. Walk Difficulty: Leisurely. Contact: 07850 441724

Wednesday 24th June: 6-mile circular walk led by Graham. Meet at the Pigneys Wood free car park. Walk takes in a stretch of the North Walsham and Dilham canal before using field paths to Erdingthorpe church for a drinks stop. The walk continues to the disused railway line path back to Pigneys Wood. Nearest Post Code NR28 0SH. Walk Difficulty: Leisurely. Contact: 07957 813862.

Sunday 5th July: 5.5-mile circular King Charles III English Coastal Path celebration walk led by John commencing from the Stiffkey Saltmarshes free car park. Please note there is limited car parking at the Saltmarshes free car park so car sharing is encouraged.

Nearest Post Code NR23 1QF. Walk Difficulty: Leisurely. Contact: 07484 207475.

Wednesday 8th July: Start time: 5.15pm. Annual Fish & Chip walk led by Paul commencing from Meadow Road car park in Cromer. There are two walks. One longer moderate walk (5.2m) out along the cliff top past the Royal Cromer Golf course to Overstrand and back along the beach to Cromer - tide times have been checked for low water. The shorter leisurely walk is along Cromer beach for a short distance (determined on the walk) then back to Cromer. Both walks end ready for all to enjoy Fish and Chips at Mary Jane's in Cromer. All those wishing to enjoy Fish and Chips will be asked at the start of the walk so that booking numbers can be confirmed. Sheringham members wishing to enjoy the Fish and Chips only without walking should contact Paul to advise. Everyone pays for their own meals. **Start time:** 5:15 pm, the expected time to arrive at Mary Jane's is 7:00pm.

Nearest Post Code NR27 9HS. Cromer Meadow Road car park is free after 6:00pm so you should purchase a ticket for the period 5pm to 6pm for £2.50.

Walk Difficulty: Moderate & Leisurely. Contact: 07740 869933.

Sunday 19th July: 5.5-mile circular walk led by David commencing from Pretty Corner top car park just off the A1082 near Sheringham. A circular walk around woodlands, the Beckhams & Sheringham Park. Nearest Post Code NR26 8TW. Free parking. Walk Difficulty: Leisurely. Contact: 07917 866775.

Wednesday 22nd July: 5.3-mile walk led by Tina and Julia commencing from Blickling N.T. main car park and follows well established footpaths through the park, passing by the lake, wooded areas and open grassland. Very short road walk from parkland, crossing the road twice, once to grassed area leading to pump station and secondly to St Andrews church. Toilets and refreshments available. Nearest Post Code NR11 6NJ. Blickling Hall N.T. car park is free to N.T. members, else a car park charge applies. Walk Difficulty: Leisurely. Contact: 07925 589962 (T) / 07766 516476 (J).



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Holt Youth Project Senior Hive Group

Charity Number - 1128752

Our Hive Groups are the beating heart of Holt Youth Project, providing a safe, welcoming space where young people from Holt and the surrounding areas can meet, socialise and thrive. Our sessions are genuinely youth-led, with activities and opportunities shaped by the interests, ideas and aspirations of the young people who attend. By giving young people a voice and ownership, we help them develop confidence, independence and self-belief while creating a strong sense of belonging within their local community.

Everything we do at Senior Hive is shaped by young people themselves. Our varied programme includes cookery workshops, horticulture, sports, music, arts and crafts, woodwork, health and wellbeing sessions, personal fitness opportunities, residential trips and holiday programmes. From local activities to outdoor adventures such as the Hadrian's Wall Cycle Challenge, young people are encouraged to



Hadrian's Wall Day 2

challenge themselves, develop new skills and create lasting memories. These experiences help build teamwork, communication, resilience and self-confidence while strengthening friendships and community connections.

Hadrian's Wall Cycle Challenge 2026

The Hadrian's Wall coast to coast Cycle Challenge 2026 was a perfect example of the opportunities Senior Hive provides. Young people worked together to complete an ambitious cycling adventure across 86 miles of Northern England's most spectacular landscapes. The challenge

encouraged perseverance, independence and teamwork while creating lasting memories and friendships. Reaching the coast together at the end of the journey was a proud achievement for everyone involved and demonstrated the confidence, determination and community spirit that Senior Hive aims to inspire in all young people.

One of England's most imaginative and award-winning projects



Hadrian's Wall Day 3

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From Holt Consulting Rooms

Exhausted but can't sleep?

Being "tired but wired" usually means your brain is stuck in a state of hyper-arousal. Your nervous system is overactivated, making it difficult to sleep, even though you're exhausted.

A combination of Cognitive Behavioural Therapy for Insomnia (CBTi) and Hypnotherapy can quickly help to target the root causes of insomnia, enabling you to rebuild healthy sleep patterns, and to calm your brain, so that you naturally sleep better. CBTi is a structured gold-standard technique designed to treat chronic sleep issues. It includes several elements:

Behavioural Therapy: Retraining your mind and body to associate your bed only with sleep, not wakefulness or anxiety. This may include sleep restriction (limiting time in bed to improve sleep efficiency) or getting up and doing something boring until you feel sleepy.

Cognitive Therapy: Identifying and changing unhelpful thoughts and beliefs about sleep (eg. Anxiety about not getting enough rest) that trigger racing thoughts at night.

Sleep Hygiene: Learning how diet, lifestyle, and your sleeping environment affect your ability to get a good night's sleep.

Hypnotherapy directly treats the overstimulated state by shifting the nervous system out of the "fight or flight" state into the relaxed "rest and digest" state. When you are exhausted, but your mind is racing, a background loop of anxiety or hyper-vigilance tells your subconscious mind that it is not safe to sleep. Hypnotherapy is able to calm and reassure this overprotective reaction.

Hypnosis and self-hypnosis gently shift your brainwaves into the calm state experienced during meditation, and also just before sleep. Targeted suggestions during hypnosis can increase the length of deep sleep, which is the crucial phase necessary for physical repair, immune function, and brain health.

I have helped many people to sleep better, which results in them also feeling calmer, more positive, and happier. Contact me for more information.

Guy Thorold

Cognitive Behavioural Hypnotherapy

Holt Treatment Rooms 01263 711712

guythorold@yahoo.com

WATTS ON THE NOTICE BOARD?

A snippet of wisdom

Life's 10% of what happens to us and
90% of how we react to it

Makes you think?

How often do we chase what we want
only to find out it's not what we need?

Humour

Chocolate comes from cocoa, which is
a tree that makes it a plant
therefore, chocolate is salad.



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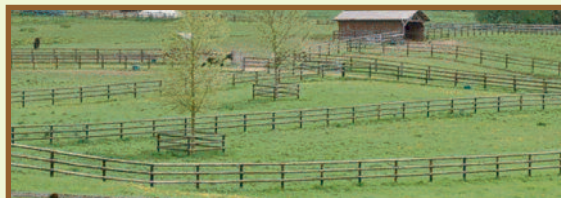
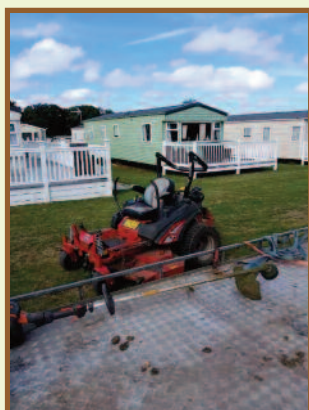
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- 🍂 Paddock Maintenance
- 🍂 Wood splitting





What happens when someone dies without a Will?

**Written by Anna French,
Associate Chartered Legal Executive
What happens?**

When someone dies without a Will, the rules of Intestacy apply meaning their Estate passes according to the Intestacy rules rather than the deceased's wishes.

When the deceased had a spouse or civil partner and children, their spouse is entitled to all of the deceased's chattels (in other words their tangible belongings) and a statutory legacy free from inheritance tax. The current statutory legacy is set at £322,000. The rest of the deceased's Estate, such as their house, will be split equally between their spouse and children.

Where someone dies with a spouse and no children, their Estate will go to their spouse entirely.

If the deceased did not have a spouse, then their Estate will pass along according to a list of priority of blood relatives. If everyone in a particular category has died before the deceased, then the Estate will go to the next category. The list of priority is as follows, the deceased's:

1. Children.
2. Parents.
3. Siblings (or their children if they have predeceased).
4. Half-siblings (or their children if they have predeceased).
5. Grandparents.
6. Uncles and aunts (then their children).
7. Half-uncles and aunts (then their children).

In the rare case where the deceased did not have any blood relatives, the Estate will pass to the Crown. The Crown may make provisions for anyone who it would have been reasonable for the deceased to make provisions for.

Cricket Team Success at Beeston Hall School

Girls at Beeston Hall School are celebrating after the U11A girls' cricket team were crowned County Cup champions after a thrilling day of competition against some of the region's strongest schools. This was closely followed by another win at the Orwell Park School Annual Girls' Under 11 6-a-side Cricket Festival a couple of days later.



Facing teams including Norwich High School for Girls, Langley Preparatory School and Gresham's School, Beeston secured three impressive victories to claim the title for the second time in four years. Beeston opened the tournament with a convincing win over Town Close, posting 239 runs while losing just one wicket before restricting the opposition to 206. The girls then defeated Norwich High School for Girls by 22 runs, before overcoming last year's county champions, Langley Prep, by 10 runs. The final match against Gresham's proved a tense encounter, with Beeston narrowly missing their target by just one run. However, with both teams recording three wins across the day, the title was decided on total runs scored — with Beeston emerging victorious overall. Throughout the tournament, the girls showed exceptional teamwork and composure.

One player said: "We work well as a team and support one another. We talk to each other when we bat and, in the field, - we're just a chatty team." Another added: "We see pressure as a privilege."

Peter King, Lead Coach for the U11 girls at Beeston Hall, said: "Our children are very fortunate to have access to some high-quality sports coaching at Beeston Hall, and our philosophy is that everyone has the opportunity to play.

"It's a joy to watch the children grow in confidence as the cricket season develops and I know the girls are very excited for the regional finals on 19th June at Framlingham."

The people who administer someone's Estate are known as Personal Representatives. For someone who died without a Will, their Personal Representatives are known as Administrators. They are decided by the same order of priority listed above.

Why it should be avoided

As can be seen above, the deceased's Estate is distributed according to a priority list of the deceased's relatives. Fundamentally, it does not take into account the deceased's wishes. This means that the Estate may pass to a relative the deceased did not get on with. As well, there are no provisions for anyone who is not a blood relative such as a long-term partner, stepchild or friend.

How it can be avoided

The easiest way this can be avoided is by writing a Will. By doing this, you can set out your specific wishes. This could include appointing your partner as your Personal Representative and making provisions for your grandchildren for the future. Additionally, you can make gifts to charity.

How we can help

Here at Clapham & Collinge, we are experienced in writing Wills and would be happy to help you ensure your wishes are respected after death. Simply contact our friendly Client Relations team on 01603 693500 or email enquiries@clapham-collinge.co.uk to get started.

This article is provided for general information purposes only and does not constitute legal advice or professional advice.



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Wild Flower Festival at Natural Surroundings

The Really Wild Flower Show 2026 will be held over the weekend of the 27th-28th June at Natural Surroundings as part of their Wild Flower Festival. As well as guided walks and wildflower displays, this flower show 'with a difference' will display entries from a range of classes - flower arrangements, photography, paintings and textiles, with art classes for children. New this year and open to all is Class 6 -



the 'Wildlife Garden Challenge' - to create a miniature wildlife garden in a standard seed tray. Also new is Class 7 - a 'thriller, a filler and a spiller' - using only three different types of plant to create a dazzling display of wildlife-friendly flowers, ideal for budding florists.

You can pick up a schedule from the cafe at Natural Surroundings, find it online on our website: naturalsurroundings.info or email us: wildlife@naturalsurroundings.co.uk

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ITEMS FOR SALE

This space could be used to sell **your** unwanted goods and make you some money. If you've got something to sell, LET EVERYBODY KNOW. Email your FOR SALE items to: info@holtchronicle.co.uk or leave the details in The Holt Chronicle collection box in Feeney's Newsagents, Holt and we will advertise it for you **FREE OF CHARGE** for items totalling £300.00 or less, 50 words maximum. **Items above this amount, or if you would like to include a photograph, will incur a charge.** Vehicles, cars, caravans, trailers, boats, property, business etc not accepted without charge. Animals - pets, livestock, live fish etc not accepted. Please contact Jo on 01263 821463 for further details.

EXCEL Galaxy II Compact EVO mobility scooter

All terrain. Less than a year old, only done 6 miles. Includes manual booklet and paperwork. 5-year battery guarantee. Was £3,300 new. Asking £1,500.
tel: 07546 393205



Vintage Raleigh Hercules ladies' bicycle with basket Original 1970 's green paintwork, Brookes saddle and Sturmey Archer 3 speed gears. New tyres, brakes, and gears in gwo. £50. Towbar mounted bike carrier suitable for 2 bikes £12. 07528 149835

Exterior Alexandra Rose Round table, four chairs, parasol with granite flat base plate, all in hard wood. First class condition. £150 Weybourne 01263 588587

Large folding round teak table and six folding chairs with complete seat covers, and a Lazy Susan in good condition. £250 ono. Weybourne 07867 814307

Faucet golf clubs in bag on a trolley £90 or near offer to see Dave X £22 or near offer ring any time 01263 823358

Hardly used, black wheelbarrow £40, 22 inch circular fire pit used once £25. 07810 148403

Aluminium Double extension ladder. 2 x 12 rung lengths, each 11 feet/3.35 metres long. Good condition, kept in garage. £85 Buyer collects. Sheringham. 07470 704658

Technics SC EN 600 Music Centre, Radio, CD Player, Twin tape decks, Remote Control, including outdoor/indoor radio Ariel included, recently fitted new tape deck belts and CD Laser assembly, good condition £195 ono. Cromer. 07979 075445

Large, adjustable lightweight walking frame height 34-37". Only used once on carpet, paid £39.95 accept £20.

Black non-rip polyester roofing felt 10m x 1m roll £20. 07826 763669

Hamster cage, 57cm long, 31cm high, 37cm wide. Clean condition with clear tunnel run on side. £10. Rock Jam electric keyboard on stand with stool, headphones & user guide, as new. £50. 07768 627497

Prestige high dome pressure cooker. Unused. In original box. £25. 01263 512873

Fly fishing Sportfish 13ft. D/H 8/9 Salmon Rod in case (as new) £125. Bruce & Walker Expert Series Salmon Reel with two spare spools £125. Golf push/pull fold up golf trolley ideal for travelling £10. Telephone after 4pm 01263 710616

14 sealed Bottles Ensure Plus 200ml Vanilla Flavour Exp. 2027 Collect Sheringham. 07752 711511

Vintage set of 6 pheasant sherry/port glasses £5. Set of 4 vintage Avon Hummingbird sherry glasses as new in original boxes £10. As new cream satin double duvet set used twice now got king size. £5. Cash on collection. 07510 941833.

Bed frame-double (135cm x 190cm), wooden (Teak stain). Made by Warren Evans, wood from sustainable forestry, VGC, photos available, buyer to collect, Holt area, £100 ono. 07900 448034

Panasonic Inverter Microwave Model No. NN-CT54JW Convection/grill/microwave oven. Good condition. Includes operating instructions and cookbook. Only 19 months old and in very good condition. £60 ono. 01328 878274

Commode with adjustable legs, lid raises with pot inside new with instructions. £70 Cromer 07799 396302

6 large pieces of Fen Bog Oak dug up approx. 18 years ago. Varying sizes 4-6ft length and 10-14ins round. £100. Buyer collects from Holt. 07760 395094

Rangemaster 110cm dual fuel in dark green with brass handles. 20 years old, and still in excellent working order. Offers in the region of £250. Thursford. Buyer collects. 07717 024465

Glymnis pop-up beach tent, royal blue, large size suitable for 3-4 people, uv protection, zipper entrance, circular zipper holdall bag, never used, a bargain at £25. 07917 280005

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Reliable cleaner needed in Holt at a quiet residential road close to town centre.
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Wanted by collector 00-gauge N gauge Railway / dinky toys, buildings anything considered cash/instant Bank transfer 01362 422451/ 07747 097798

Records 45s 78s and LPs cassettes, Computer/Console Games also CDs singles only all considered Tel 01692 405756

Any original items of Second World War Homefront/Norfolk/RAF/ARP /Home Guard items & memorabilia for a new display at the RAF Marham Aviation Heritage Centre opening this summer. Tel 07919 182990.

Wool for Norfolk (Sheringham) Knitters, can be left at Sheringham Library or contact Kate Davis on 01263 824781

Any donations of wool gratefully received. Whatever we receive will be knitted into baby hats to donate to the Norfolk and Norwich Premature Baby Unit or hats and gloves for the Christmas Shoebox Appeal. 07796 638020 or sallylee35@hotmail.co.uk

Domestic and DIY Electrical items for resale at the PACT shop North Walsham. Please drop them off during normal opening hours. 25 Market Place North Walsham. 01692 407163

Sidecar wanted for motorcycle. 07847 000248

Spare parts for Series 3 Land Rover. Anything considered. 01263 740960

Small wheel bicycle i.e. Dawes King Pin, Puch Picnic, fold up or rigid frame. Holt. 01263 713044

OLD AUDIO HI-FI SYSTEM OR SEPARATES OR COMMODORE/ BBC/ATARI COMPUTERS AND GAMES Record player, amp, CD, speakers or parts etc., valve radios, valve equipment, radio parts and valves - used/unused for collector. Also unwanted record collections. 07979 384246

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2 professionally made glass fibre model boat moulds to make a tugboat 34" long, 7" beam and a motor cruiser 35" long, 9" beam. Free to a good home. 07891-092169

Full size aluminium double section extension ladders, 32 rungs, 2 x 4 m, £85. Outdoor 40 m clothes dryer incl. new metal socket, £15. Mazda MX-5, 8 spoke alloy wheel, £65. Blakeney 01263 741957

Bath Chair Lift; As new condition used less than 10 times, powered rise and fall. Manufactured by Ashore, complete with instruction guides, less than half new price. Collection from Holt or could deliver locally. £150. 01263 586027

2CD racks £12 each or two for £20 or near offer Large puppy which opens up to accept books £15 or near offer 01263 823358

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Reclining armchair, £50. **Sofa, 6ft long**, £50. 07561 109633

Dyson Highball Multifloor vacuum cleaner, ideal for collection of pet hair, good condition £35. Garden rocking chair, good condition £30 ono. 01603 870318

Bespoke wooden dining chairs Qty-6 hand crafted by Peter Tree, Fulbeck. Classic fan spindle back £300 (set). Cromer 07768 805670

Outdoor foldable/adjustable sunbed recliner, blue, (flatbed type) never used in original packing box £20. Sheringham 01263 824211

Lazy Boy Sofa 3-seater brown leather in good condition FREE 07508 699070

Lots of Jigsaw puzzles £1.50 each or 4 for £5. **8 volumes of World War 2 books** with thousands of photos offers. 07989 812468

Electric Guitar with small amp and cover £40. Acoustic Guitar with cover in excellent condition £60. Lapetri Etude Classical Guitar excellent condition with case £80. 07771 740171

Complete set of 4 limited edition Cromer Lifeboat Coxwain Mugs circa 1990, complete with certificates excellent condition £200. **Einhell electric pole hedge trimmer**. New condition £35. **White Knight tumble dryer** 3kg load working order £20. 01263 511203

Ladies full size cycle £50 ono. **Ladies 20" folding cycle** £35 ono. 01263 761736

MacAllister electric hedge trimmer £25. **Caravan/Motorhome Electric mains lead hookup** £15. **Motorhome cover** Green 7 x 7.5 metres 4 ply very good condition £50. **Motorhome screen cover** external / insulated £50. 01263 514130

Adnams metal pump clip, 4 branded rubber bar runners, 6 card pump clips and a pack of bar mats for home bar. £10. Sheringham 01263 825993

Free Z-Bed. Good condition. 07818 072418

Hawke Nature Trek 8x42 binoculars with case. Good condition. £169 new will accept £65. **12 assorted size Lilliput Lane cottages** £20. **Edwardian Captain's chair** very good condition £130. Can deliver. 07910 520959

Westex brand new wool carpet, 2.9m x 4m. Retail at £46.99/m, bargain at £50. Large, framed picture, 35"x35", floral design. Can send photo, £20. 07857 507502

Next four-piece dinner, side plates and bowls, unused Bargain £10, **New Tefal frying pan** 14 inch suitable for all hobs, Bargain £10. **Two designer Red Cuckoo handbags**, one grey and orange, one red, unused £15 each. 07956 347293

Drakes Pride Professional Bowls Set of 4 Size 2H £45. **Limited signed print 345/395** Frame Size 30" x 45" entitled Serengeti. **Lunar ladies black and white patent sandals**, small block heel, size 6 as new £10. **Lunar ladies orange and white patent sandals**, small block heel, size 6, as new £10. 07956 347293

Black gothic rose arch: Good condition tubular steel: 110x41x228cm: RRP £127.95: £50ono. **Gardenista red lounge pad**: waterproof, 195x66cm: RRP£59: £25. 01263 823623

MeacoCool Air Conditioning Unit with remote £100 ono. **1950's Ercol easy chair** in dark wood finish needs restoration (open to sensible offer). **Heavy duty pull along trolley** £20 ono. **Boscam wired reversing camera** with extension £20. Cromer 07737 363594

3 Mercedes Cycle Racks, locks, info (used once) £35. **Fiat 500 Spare wheel + tools** £30. **Little Tykes pink tricycle** 9m- 4 years vgc £25. **Ikea wooden cot+ mattress** 120x 60 vgc (grandchild visits) £10. **White metal bedframe**. Small single 75x190 Brand new, still boxed £25. Cley 07707 310878

Postcards, travel leaflets and airplane brochures from around the world dating from 1966. Offers. 07546 393205

Singer Tradition 2282 (As New) Sewing Machine, auto needle threader, adjustable stitch width and length, 1 step buttonhole, simple stitch selection £70 ono. Cromer 07894 508300

Leather motorcycle gear, 2 x trousers 30" waist & size 14. £15 each. **1 jacket, 42" chest**, British made by Buffolo & Scott, black, excellent cond. £20. 07538 844020

Nearly new Parasonic digital cordless phone KX-TGB610, tested only, not suitable for my needs, cost £22, offers. **Rollerblade inline skates**, size 8-10, red & black, £5. **Old but sturdy work bench**, £5. Several metres of Flymo electric cable. 01263 577468

Ikea coffee table on wheels, £10. **Humax Freesat box**, £25. **Aluminium ladder**, as new, £50. **Desk**, as new, £25. **Pine chair with upholstered seat**, £10. **6 glass shelves with chrome fittings**, £39. **Edging shears**, £9. **Raleigh Ogre max 15-gear cycle**, £175. **Wooden step ladder** – free to collect. 01362 688280

Dimple oil radiator (free standing) 2' by 7'7", £10. **Christmas tree**, 21" with lights, £5. **Standing Christmas ornament**, grey glitter with light attached, £3. **Red leather boots**, size 6, £5. 01263 733892

Garden tools, hand tools, watches, clocks, jewellery, china, books, 4 for £1, plus much more. All items under £5. Ideal for car booters. 01263 712602

Sofa bed, double, clean, good condition, £75. **Glass, tools & grinder for creating stained glass pieces**, reasonable offer considered. **Akai stereo unit** including record deck and 2 speakers in pine cabinet. £100 only. 01263 712159

Awning ratchet anchor set, new, £10. **2 Fiamma levelling blocks**, good condition, £10. **Electric mains hook** uo lead, 25m, new. £20. **Portable 3-arm rotary washing line**, as new, £15. **Beach parasol**, 1.4m diam, colourful, new, £8. **Kampa sturdy metal step**, new, £10. **Quechua camping shelter/gazebo**, 3m x 3m, 225cm high, 11.6kg, 3 sides roll up, £99. 01263 713782

Mahogany curved wood wall shelf with 3 glass shelves that slot into the wood. Vgc £15. **Black mesh sun lounge**

Metal slightly faded £5. Child's peddle Go Kart Big wheels at the back to make it spin, with a cycle wheel at the front. Seat extends to length of the legs. From age 6yrs £10. 07496 692451

1500w single boiling ring, £20. **Electrical items**, long cables, plugs, timer, wire on new safety box, £25 the lot. **Reclining armchair** to 43", fabric and wooden arms, £20. **Haynes Morris Marina Mk2 book + spares**, 2 alternators etc. £20. 01263 710067

2 reclining garden chairs. Greyish and green. £25. Each. Tel 01328 830598. **FREE. approximately 50 ceramic tiles** size 7ft. 9 inches x 9ft. 8 ins. grey mottled. can be seen on the wall. North Walsham area must be collected 01692 403826

Dusk sofa bed 4' click clack, teal blue cord. New, unused. £140. **Sony NEX C3 Mirrorless digital camera**. 18-55 lens. Silver, with charger and case. Mint. £150. 01692 500776

Forthcoming Events

Saturday 20th June. Fakenham Choral Society will perform Vivaldi's Gloria and Mozart's Coronation Mass at its summer concert at 7.30 pm at Fakenham Parish Church. Details and booking: www.fakenhamchoralsociety.org/forthcoming-1

Saturday 27th June. Concert at Binham Priory at 7.00 pm with the Viva Voce Singers. "MUSIC WHEN SOFT VOICES DIE" featuring music by Benjamin Britten and Charles Wood. Further information and advance tickets at £13 from www.vivavocesingers.org.uk, or £15 on the door.

Saturday 20th June. Ryburgh Open Gardens, 1- 5 p.m. Gardens open throughout the village. Garden passes: £5 from the Church or the Memorial Hall. Details from 01328 829413.

Saturday 27th June. Concert at Binham Priory at 7.00 pm with the Viva Voce Singers. "MUSIC WHEN SOFT VOICES DIE" featuring music by Benjamin Britten and Charles Wood. Further information and advance tickets at £13 from www.vivavocesingers.org.uk, or £15 on the door.

Sunday 5th July. Concert: "Songs for Sunday" at St. Andrew's, Great Ryburgh 3.30 p.m. Sarah Poole (soprano), David Heyes (double bass). Followed by afternoon tea. Free admission. Retiring collection. Details & booking for tea: 01328 829413.

Saturday 11 July. Concert at Binham Priory at 6.00 pm with the Sheringham and Cromer Choral Society. "ECHOES OF THE DIVINE": Brahms (Ein deutsches Requiem), Vaughan Williams (Five Mystical Songs), Strauss (Im Abendrot). Further information from www.sheringhamandcromerchoral.org.uk. Tickets £20 (under 18's and care-givers free) from: www.trybooking.com/uk/FYYC.

Saturday 18th & Sunday 19th July. Corpusty Weekend at Corpusty & Saxthorpe Village Hall and Old Railway Station. Entry by donation for each event. Food on sale, bar open. All events will be outdoor events on the station platform.

Wednesday 22nd July. St Nicholas' Church, Dersingham, Norfolk, PE31 6GZ at 6.30pm. Virtuoso Music for Violin, Voice, and Piano Musicians: José Matias violin, Owain Rowlands baritone, Rebecca Selley piano. For more details and tickets, see

musicincountrychurches.org.uk Music in Country Churches (Patron: HM The King) is supporting two concerts at Dersingham Church in aid of St. Mary's Church, Hillington. Hillington Church is currently closed on safety grounds following two falls of plaster in 2025 and funds are needed to restore the building.

Thursday 23rd July. St Nicholas' Church, Dersingham, Norfolk, PE31 6GZ at 6.30pm. What A Wonderful World. Musicians: Sounds Historical, Heidi Fardell recorder/flute, Mary Tyers recorder/flute, Alison Kinder viol, Lynda Sayce lute/theorbo. For more details and tickets, see musicincountrychurches.org.uk

Sunday 26th July. Concert: Orpheus Flutes at St. Andrew's, Great Ryburgh 3.30 p.m. Mozart "The Magic Flute" Version for Flute Quartet and Narrator. Followed by afternoon tea. Free admission. Retiring collection. Details & booking for tea: 01328 829413.

NOTE: Holt Methodist church will NOT be holding their regular Afternoon Teas in either June or July. They will take place at a different venue from August onwards. More information to follow.

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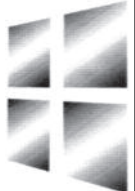
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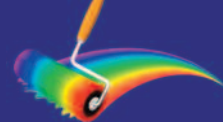
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Yesterday's Young Years

Here is a wonderful surprise for some of us.

The years of the Second World War may be a several generations away for some of us, but for a lucky few they are a part of their memory. In these days of real hardship with the cost of living very high, a very uncertain future, and technology we are often very stressed and anxious. But surely wartime was a time of even greater hardship, stress and suffering. Or was it? This fascinating, new book, set in a Norfolk village, just like the one we live in, with real characters just like the ones we know.

And they are characters that many of us know already because the village is Flixham and we meet old friends again such as John and Freda Gibbs and many others. This time the year is 1940 when John had his tenth birthday and Freda her twelfth. Ms and Mrs Whitlow, George and Doris Grimmer, Florrie White and others feature but all now in their young years. John and Freda are being brought up by their father, Walter, team-man at Fullaway Farm, and Rose their mother, a full-time housewife. Walter and Rose maintain the good old-fashioned Norfolk ways teaching the ways of good behaviour and the arts and skills of housekeeping and cooking for both girls and boys. This would have happened in every home in Norfolk in those days.

If you read previous stories in this series, it is a real must to buy and enjoy, but it is a book that stands very much in its own. England was at war with Germany and men and women were having to leave their homes either to fight or to work in this country. While aeroplanes roared overhead, and exercises took place on the commons, what about life in the cottages? These were the days before electricity and piped water in homes, and so housework and living conditions were so very different to those of 2026.

This is a story authentic in every detail relating, the lives of our parents and grandparents in their young years. It is a story for young and old. Yesterday's Young Years is truly a book for everyone, and they will find much in it to raise their eyebrows. It is a gentle story, but an honest one. So be prepared to be surprised at how different those days were, but do not be surprised when you are beguiled by the exquisite charm of this story of the lost days of yesteryear.

Copies of this book are available from Jarrolds in Cromer, The Candy Shop in North Walsham and Cawdron's Supermarket in Stalham for the unchanged price of £7.95



Langham Street Fayre 2026 15th August

The small rural village of Langham in North Norfolk would like to extend a warm invitation to all to come along to its biennial Street Fayre event for 2026, with all proceeds going to support our village amenities. This year the Fayre will be held on Saturday the 15th of August between 10am and 4pm. The centre of the village is at Postcode NR25 7BX, and there is ample off-street parking available on the edges of the village itself, which will be clearly marked. All are welcome, especially families with children, to come and enjoy a fun-filled day of craft and gift stalls, a fun dog show, music and entertainment for adults, plus children's entertainment and activities, and refreshments for all.

The event will continue in the evening with wood-fired pizzas from 6pm, followed by live music from the Castaway Crew (singing sea shanties) and from 8pm our headline music act is the electrifying Hot Squash!

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Dance your way to fitness. Every **Tuesday** from 1-2pm at The Copeman Centre, Briston. BellyFit4Fun uses belly dance moves to aid fitness, core strength and FUN! No experience needed. No need to book, just come along. Suitable for all ages. Call or text Gwenyth on **0758 222 9696** for more information.

Guided Tours of the Chapel Icons. St. Seraphim's, Station Rd, Little Walsingham. NR22 6EB. **Wednesdays and Saturdays 2pm**

Quiet Garden Group. Last Friday of the month - **10.30am to 2pm.** The Quiet Garden Group meets monthly for talks and reflection in the Garden Room. Bring a packed lunch; tea, coffee, squash and biscuits provided. New members always welcome.

Gardening Group. Every **Monday - 10.30am to 1pm.** New members always warmly welcomed! Tools and refreshments provided. For further information or if you would be interested in hiring our Garden Room for your own activities, please call 01328 820610 or email saint.seraphims@gmail.com.

Holt Bridge Club meets every Wednesday at 6.45pm for 7pm till approximately 10pm. We meet at the very nice High Kelling Village Hall, Avenue Road, High Kelling, NR25 6RD. We are a friendly club, affiliated to the English Bridge Union and play Duplicate Bridge, and always happy to welcome new members. For further info contact the Secretary Robert Smith 01328 822120.

Sheringham and District Philatelic Society meet at West Runton Church Hall, 2nd Monday each month at 7.30pm. Contact Andrew for more information on 01263 513433 or Jim on seamussar@btinternet.com

Saturday Cafés at St. Andrew's Church, Thursford, NR21 0BW. The first Saturday of every month 10am-12 everyone welcome to enjoy tea, coffee homemade cakes in this beautiful church. Also no need to book just turn up!

Little Star. Every **Thursday 10-12 at The Venue, Holt.** A friendly and relaxed, mixed crafting group where we get together 'Making things to make a difference'. Knitters, Stitchers, Crocheters and Card makers - all ages and skill levels are welcome. Refreshments are available so do pop along and join us. Equipment provided.

St. Mary's Church, Kelling (a mile outside the village on the Holt Road) Music and Meditation. Every Wednesday 3.00 - 3.30 pm. Beautiful live music and inspiring words in an idyllic setting. Visitors always welcome.

Blakeney Church of England Primary School are starting a Stay and Play group for pre-school children and their parents/carers. Every Thursday 9-11am during term time. There will be toys, refreshments, craft activities and stories in our friendly village school. For more information contact Trace on 01263 740531.

Binham Village Hall social evenings are held on the last Thursday of each month at 7pm. Bar, jacket potatoes, games.

Abacus Bridge Club meets every **Thursday at 6.30pm** at the High Kelling Village Hall. Play begins at 7 p.m. and finishes between 9.30 and 10. We play traditional Duplicate Bridge and welcome all players and new members. Table money is only £2 per session and includes refreshments. The first three sessions are free. For further information please contact the Chairman, Robert Smith on 01328 822120 or the Hon Secretary, Gillian Bolam on 01263 822070.

The North Norfolk Backgammon Circle (NNBC) meets once a month in Gresham Village Hall, usually the 3rd or 4th Sunday in the month. All skill levels are welcome from beginners to experts. For dates and details call Chris on 07434 989228.

Open Circle, an informal women's group, meets to learn, make new friends and support local charities on the second Thursday of each month at 7.15 pm in Binham Village Hall. For further information: Shirley Collyer at collyershirlley@gmail.com.

Your Choir Holt, meets weekly at The Venue on Friday mornings, 10am-12pm. Contact Mike on 07485706345 or visit www.yourchoir.co.uk

Weybourne Bridge Club. A friendly Bridge Club held every Tuesday afternoon, 1.45 p.m. for a 2.00 p.m. start - 5.00 p.m. at Weybourne Village Hall, NR25 7AH. We play Chicago Bridge so no need to bring a partner. All standards welcome. Please contact Michelle at theacolbridgeclub@hotmail.com or 01263 585049

Book Sale at St Peter's Church, Sheringham. Coffee and freshly-baked scones. 3rd Saturday of every month from March until November. 10a.m until 12.

Folk at Weybourne Village Hall, third Sunday of every month, 3pm until 6pm. Singers, musicians and audience all welcome. Join in the choruses or just listen. £1.00 entrance. Bring your own drinks/snacks if you wish. Tea/coffee available. Further details from Tony Baylis 01263 588781 or tonyandcarmen@btinternet.com

Open Circle: We are informal group of women based in and around Hindringham and Binham who get together to make friends, learn new things and enjoy local outings. If you would like to be part of the group, please contact Shirley on collyershirlley@gmail.com.

High Kelling Garden Club. Second Monday of the month March - October - 7.00pm onwards Winter we change to daytime meetings at 2.00 p.m. We are a friendly Club and welcome new members - annual membership fee. Visitors £3. Please contact Lesley on hkgclubsec@gmail.com or 07736 762915.



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Summer Raffle in Aid of Holt Primary School

Holt Primary School are holding a Grand Summer Raffle to raise funds for the school. The raffle will be drawn on Wednesday 15th July. Tickets cost just £1 for a chance to win one of the many great prizes, including dinner for two at several local

eateries, vouchers for several venues and shops, a seal trip, art, coach trips and many, many more.

Holt Community Primary School would like to thank local companies and individuals for their generous donations of prizes and to Lanes Jewellery of Holt who have sponsored all print costs.

Tickets can be obtained by contacting Annie on 07970 093957 or email: annie@heatherside.co.uk
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Author Talk
Rachel Hore



Rachel Hore, the Sunday Times Bestseller and author of fourteen novels, will be giving a talk at Holt Library about her writing and books. Rachel will also be doing a book signing at the end of the event.

Holt Library
Wednesday 24th June 6pm

£5 includes refreshments. To book visit or call the library on 01263 712202. Booking advisable

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Holt Library
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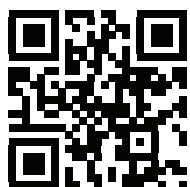
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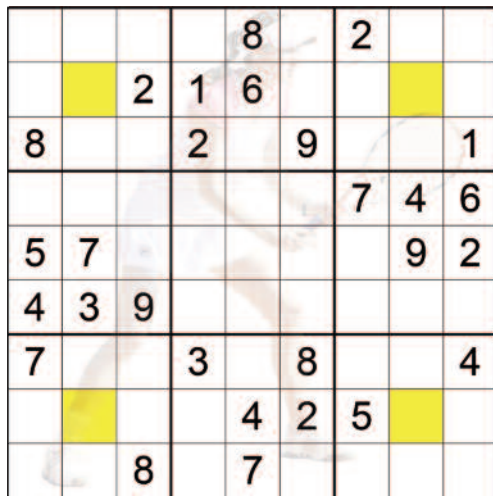
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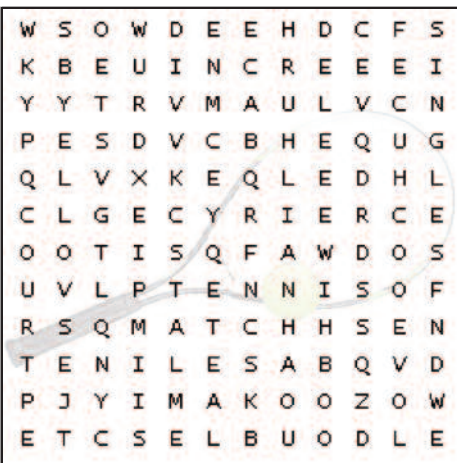


THIS ISSUE'S PUZZLES

SUDOKU Fill all empty squares so that the numbers 1 to 9 appear once in each row, column and 3 x 3 box. The numbers in the four yellow boxes are the ones needed as the answer that will be published in the next issue.



Wimbledon begins from June 29th. This issue's word search theme is 'Tennis'. Between **FOUR** and **TWELVE** letters. One or more words. There are 14 entries in this issue's **CHRONICLE WORDSEARCH**. How many can you find?

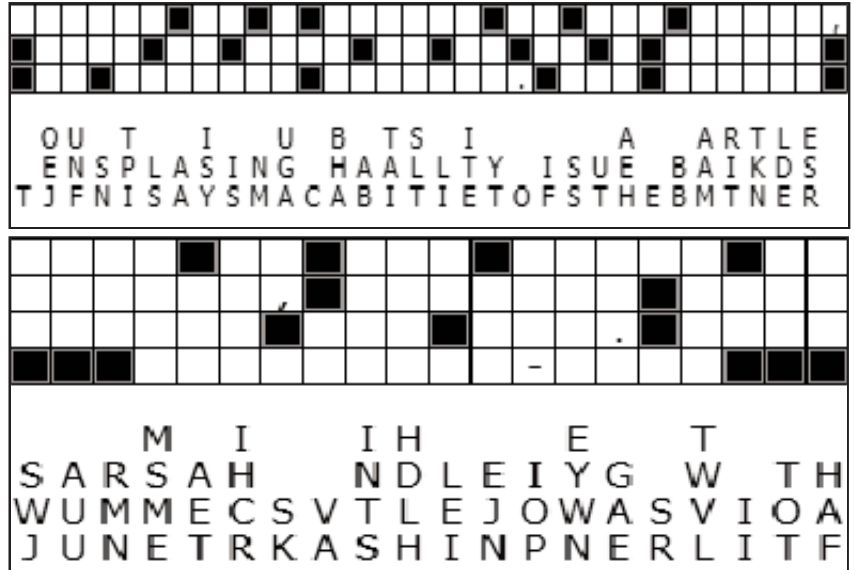


NUMBER CRUNCHER

6 1 10 2 4 3 = 36

Using all FIVE arithmetical signs, + - x ÷, fill in the spaces to make the equation true, as if they were being entered into a calculator.

All the letters in our grids below have fallen out and mixed themselves up, although they are still in their original columns. Can you put them back in their rightful place to reveal a QUOTATION and the NAME of the person who said it.



The Last Issue's Answers

The **FOUR YELLOW SQUARES** in the **SUDOKU** were 3 8 2 5

The **FALLEN PUZZLE** answers were:
TORTOISES CAN TELL
YOU MORE ABOUT THE
ROAD THAN HARES.
KHALIL GIBRAN

SWEET MAY HATH
COME TO LOVE US,
FLOWERS, TREES,
THEIR BLOSSOMS DON.
HEINRICH HEINE

The 'Turtles and Tortoises' themed words featured in last issue's

CHRONICLE WORDSEARCH were:

TURTLE
TORTOISE
CARAPACE
PLASTRON
SHELL
HATCHLING
GALAPAGOS
REPTILE
ALDABRA
LEATHERBACK
SNAPPING
BURROWS

EGGS

The **NUMBER CRUNCHER**

7 x 16 + 8 + 6 -
9 ÷ 3 = 39

There may be others.



YOUR EDITOR FOR THE HOLT
CHRONICLE IS JO, PLEASE TELEPHONE
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Beyond the Quick Fix:

Why Laser Hair Removal Demands Clinical Expertise

We have all been tempted by the promise of a quick, cheap fix. In an era where budget beauty deals flood our feeds and handheld hair-removal gadgets promise salon-grade results from the comfort of our couches, it is easy to view laser hair removal as a commodity—a simple, one-size-fits-all beauty treatment.

But beneath the surface of this seemingly routine grooming task lies a sophisticated medical procedure. When we treat laser hair removal as a low-cost luxury rather than a clinical science, we don't just compromise on our results; we compromise on our skin's safety.

The Myth of the Universal Laser

The most common misconception about light-based hair reduction is that all machines are created equal. The market is saturated with low-power devices and intense pulsed light (IPL) systems that merely stun the hair follicle into a temporary resting phase. While they might slow down growth for a few months, they lack the raw power required to permanently destroy the follicle root. The result? A frustrating cycle of endless top-up appointments and hidden long-term costs.

Using the wrong wavelength isn't just ineffective - it can be dangerous, leading to burns, hyperpigmentation, or scarring. Because one machine cannot possibly be the best fit for everyone, Coltishall Clinic has invested in a suite of 27 state-of-the-art medical lasers. For lighter skin tones, they utilize the highly precise Alexandrite laser; for darker skin tones, the Nd:YAG laser safely bypasses surface skin pigment to target the root directly. For fine hair we have specialized IPLs also.

More Than Aesthetics: Addressing the Root Cause

For many, unwanted hair is not just a cosmetic inconvenience. Conditions like Polycystic Ovary Syndrome (PCOS) or genetic predispositions can cause severe excess hair growth (hirsutism), leading to secondary skin issues like painful ingrown hairs, chronic inflammation, and folliculitis.

Investing in laser hair removal is ultimately an investment in your skin's long-term health. Choosing a clinical environment over a quick-fix salon means choosing safety, medical integrity, and results that actually last.

Contact Coltishall Clinic today to book your expert clinical consultation. Call 01603 736487 or log on the the website www.coltishallclinic.co.uk

Aylsham and District Flower Club

Our July meeting is on Wednesday 8th July at Aylsham Town Hall, NR11 6EL, 7pm for a 7-30pm start. Our demonstrator will be Naomi Wells, her demonstration title is "Miss Cullimore"

There will be tea and coffee on arrival, the "Flower of the Month" competition, the sales table and a raffle for the arrangements.

Please come and join us for fun, friendship and flowers, visitors are always welcome, £8. We look forward to seeing you then.

For more information please contact: crystalldyball57@gmail.com



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June Events

Booking required

15th June & 6th July 10am - 12 noon

North Norfolk U3A Computer & Associated Technologies.

For more information, please go to: www.northnorfolku3a.org.uk

25th June 2pm - 4pm

NNU3A Music Appreciation Group. For more information visit:

www.northnorfolku3a.org.uk

19th June & 3rd July 10am - 1pm

Sewing Group

14th June 9.30am - 11am & 22nd June 7.30pm - 9pm

Nikki's yoga classes are a mix of styles and can vary each time. She has a theme for each one which will concentrate on a particular subject or part of the body. You can keep up to date on fb <http://www.facebook.com/doingyogawithnikki>.

Nikkibalding@gmail.com. Call 07935 250114

15th, 22nd & 29th June & 6th July 5pm - 7pm

NGMA - Lil Nippers (4-7yrs) 5pm - 6pm. Karate Kids (8-12) 6pm - 7pm.

www.ngmamartialarts.com or just send us a message on Facebook @

NGMA Nate Gregory Martial Arts.

16th June 4.00pm - 6.00pm

Sound Bath—Help you relax and unwind. Contact Annette for information and bookings 07872 328109

No booking required

16th, 23rd & 30th June & 7th July 3pm - 5pm

Toasty Tuesdays—Toasties & Games Yr 7-11 (Ages 11yrs - 17yrs).

Email: leonard@weybourne.church

17th June & 1st July 7.30pm - 9.30pm

North Norfolk Photographic society. Visit www.nnps.uk for more information

17th June & 1st July 2pm - 4pm

Craft and Chatting. If you enjoy knitting, crochet, artwork or other crafts why not join us. £3 per meeting includes refreshments. For info contact Carolyn on 07748 933250

14th & 28th June 4pm - 5pm

Bodham Church. Come and join us for our lovely, welcoming Church Service.

27th June 10am - 12pm

Community Café. Join us for a cuppa and cake with a good natter.

18th July 10.30am - 12 noon

Iceni Drumming. The sessions are sensitively guided by a local drum maker, musician and artist, in a way that is inclusive and fun! Beginners welcome. Free drum hire. You are invited to bring a drum if you already have one. Free child with fee paying adult.

25th June, 9th & 23rd July 10am - 12 noon

Natter Shack. Every two weeks.

Caffeine and Kindness. Toddler Play Space. Free Refreshments, Cakes and Friendly Faces. Come and join us, everybody welcome.

16th, 23rd, 30th June & 7th July 1.00pm - 3pm

Exercise for Older Adults – Part of the NHS referral scheme. Fall prevention, Fitness, Flexibility, Fun & Friendship. Call 07493 624 851 for more information

The Write Stuff

The Write Stuff creative writing group met at Holt Community Centre on 15th May having set writing / reading prompts at the previous meeting: "Mad" and "The Holiday", driving the following readings:

Janet Barlow: "Counting the Days" and "Air Mail"

Min McDonald: "Mad"

Joy Hodge: "Holidays"

Peter Merrill: "Mad"

Monica Tobias: "The Holiday"

Marilyn Roberts "The Holiday"

Steve Lee: "You're Mad, Mate!"

Sue Bayliss (new to the group) read: "Stag" "Cowrie" and "Crossing the Divide"

Next meeting: June 19th. Writing prompts: "Blue" and "The Last Dance".

If you enjoy writing and would like to be part of "The Write Stuff" contact Steve at: Steveleeresources@gmail.com



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Readers Write....



A column where you can write in. Write to us - share your news or views on issues that concern our community. Just e-mail your letter to info@holtchronicle.co.uk or leave it in THE HOLT CHRONICLE collection box in Feeney's Newsagents. **ALL letters must have a contact name, full postal address and telephone number** so that we may be able to contact you if necessary but please note that we will publish your name but not your address or telephone number unless requested to do so.

PLEASE KEEP YOUR LETTER TO A MAXIMUM OF 300 WORDS so that we may be able to publish it in full.

Please note: The views expressed in this column are not necessarily the views of the editor or publishers of The Holt Chronicle but those of the author's submitting the material.

Newspapers for Hedgehogs

Dear Jo,

I would like to say thank you very much to everyone for your kind donations and delivery of newspapers.

We were collecting for The Sheringham Hedgehog Hotel.

Brian and his wife Pat do a wonderful job of caring for and treating young and injured hedgehogs at their home.

They are now well stocked with newspapers, so thank you but they don't need any more at the moment.

For more information of their rescue work, you can see it all on their Facebook page.

Thanks again, Maureen Seekings.

Holt Caring Society

Dear Jo,

For the last six months my husband has needed to go to Kelling Surgery twice every week. We would both like to say a huge thank you to Holt Caring Society for the wonderful service they provide. In all that time, only twice there wasn't a driver available.

We have had several different drivers, everyone has been efficient, punctual, friendly, and most of all, caring, just as the name suggests. We are very lucky to have them. Grateful thanks to all of you.

Sunday Market: How dreadful it was to see the Sunday Market in the town on Easter Sunday, when the supermarkets and shops were all closed.

Is Lidl coming? Could someone tell us if we are going to have Lidl in Holt? It was last May they came to the centre, and we have not heard one word since. Somebody must know.

Sincerely, Joy & Ronnie Seago.

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Holt WI



Lots of members and two visitors were at the Holt WI May meeting. The speaker this month was Sean Garrett who gave us a talk on The History of Cromer Pier. Unfortunately, the sound system was playing up but Sean managed to keep things flowing. He very kindly brought along some gifts for the raffle and two tickets to the Summer Show. These will be raffled off at our August Garden Party.

We had a visitor from Sheringham WI. Lorraine is Holts Resolution delegate and will take the voting decision to the annual meeting. This year the vote was for accessible public toilets and helping to solve homelessness for women. The vote was a definite yes for both of these. One of our members is a volunteer at the Break charity shop in Holt. Break helps young people who, when they reach the age of eighteen, are removed from care and become homeless. A very worthwhile charity to support.

Several members went to Mundesley WI for the Nor'easter hosts AGM. There was a very interesting speaker and lots of lovely food.

Four ladies took part in a WI Advisors quiz at Cley Village Hall. Despite having the smallest team, they didn't come last!

Next month the talk will be on Hillside, our very own local animal rescue centre. Come along and find out more. We meet the third Wednesday of the month, 2-4 at the Community Centre.

Author Talk

Heather Peck



Heather Peck, author of the DCI Greg Geldard series based in Norfolk, will be giving a talk about her books and writing at Fakenham Library. Heather will also be doing a book signing at the end of the event.

Fakenham Library

Wednesday 17th June 2pm

£3 includes refreshments. To book visit or call the library on 01328 862715. Booking advisable

A Fakenham Library Friends event.

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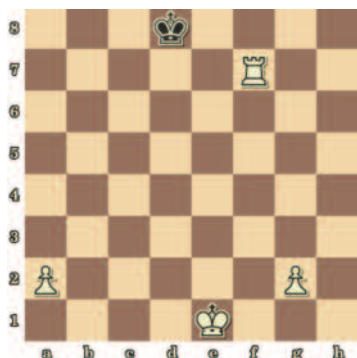
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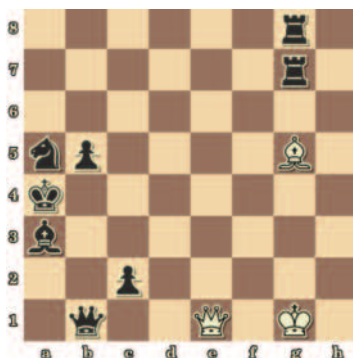
CHess PROBLEMS by Dr Cedric Lytton

351. Eeltje Visserman

352. Frank Ravenscroft July 1860
South African Chessplayer



351. Mate in six moves



352. Helpmate in two moves (see text)

Solution to No. 351: 1. a4. 1... Ke8 2. Rb7! Kd8 3. a5 Kc8 4. a6 Kd8 5. a7 Kc8 6. a8Q. 1... Kc8 2. g4! Kd8 3. g5 Ke8 4. g6 Kd8 5. g7 Ke8 6. g8Q mate. Beautiful timing of White's 2nd moves to leave Black in zugzwang and unable to maintain his K's attack on the white R at move 4.

No. 352 introduces the concept of help play rather than adversarial. Here Black (not White) plays first, and the two sides cooperate so that White's second move gives mate. Yes, it can be done and the play, involving unpinning of both White's pieces, is truly spectacular.

Difficulty 2.

Solutions and comments to me at 16 Lime Grove, Sheringham NR26 8NX, or e-mail to lestershaw7@gmail.com

Ten Years, One Big Slice of Joy

Sheringham, 22 May 2026.

Playing for Cake celebrated its 10th birthday with a generous helping of stories, songs and, naturally, plenty of cake, at The Sanctuary at St Andrews Methodist Church. The event, part of this year's Creative Sheringham Festival, brought together over 120 people for an afternoon that showed just how much the charity has grown and how much it continues to mean to its community.



Inspired by the late Tommy Bell, whose idea to unite all the groups sparked the whole celebration, the concert mixed heartfelt personal stories from 'Cakers' with mini-performances from the Aylsham and North Walsham groups, plus lively sets from The SUBs and The Cupcakes. Many participants spoke about improved breathing, confidence, friendships and the simple joy of singing together. The concert was a huge success, whisking up an afternoon full of warmth, laughter and shared achievement. The youth choir, The Lobstars, made a standout debut, earning cheers and praise from the audience, who described them as "amazing", "ace", and a proud moment for everyone involved. Their performance hinted at the future too, showing how Playing for Cake is opening its doors to a new generation of singers.

Attendees called the afternoon "a fun-filled extravaganza... bursting with heart-felt stories" and praised the leaders, volunteers and participants who make Playing for Cake what it is: a community built on the simple belief that singing makes you better.

About Playing for Cake

Playing for Cake is a charity that helps people feel better through singing. We run friendly, inclusive Singing for Health sessions across Norfolk and Waveney - from Singing for Breathing groups to lively, themed drop-ins for all ages. Our members include people living with long-term conditions, carers, and anyone looking for connection, confidence or a lift in their day.

At the heart of everything we do is togetherness: every voice welcome, every story valued, and always a slice of joy - sometimes literally.

Give Bowls a try, it will surprise you!



Well, the outdoor season, 2026 has certainly got off to a fantastic start.

On Sunday 10 May Holt BC held the Diamond Jubilee celebration for NANSa (Norfolk and Norwich Send Association). It was attended by 72 bowlers all raising funds for the charity, along with spectators. The kitchen was extremely busy all day as well as the bar.

Wonderful cakes were very kindly donated by the new NANSa Treasurer Judith Page and Bob Page did a magnificent job selling raffle tickets. Thanks to all the volunteers that made the day possible.

The competition was won by Patsy Coles, John Neil and Richard Coles, runners up were Gillian Pilgrim Rob Ownsworth and Barry Pilgrim, congratulations to them all. All in all, a thoroughly good day. We raised £755.00 for NANSa a superb total.



Holt BC is proud to have Jayne Fergusson as the lady President for Norfolk Federation Women's Bowls, her chosen charity is Asthma & Lung UK, and she will be fund raising all year. On Sunday 17 May West Runton played Holt for the John Cooke Memorial Trophy, raising £225.00 for Asthma & Lung UK at the West Runton ground. The return match at Holt will be on 16 August 2026.

Jayne's informal President coffee morning with a few fun games on and off the green raised £255.00 again for Asthma & Lung U, bowls folk are so generous.

On Saturday 30 May joint Presidents Steve Reynolds and Jayne held a fund-raising invitation bowls match and late lunch. Funds raised were £154 that will go to both presidents' charities Finnbars Force and Asthma & Lung UK.

We were delighted with the response to the new members try out session on Saturday 2 May 2026, new members, some completely new to bowls and others that have played in other counties and moved to Norfolk or recently taken up the sport again, have joined Holt BC to boost the membership.

If you would like more information and are considering trying bowling or returning to bowling, please contact Holt BC Chairman Philip Fergusson 07548 030652.

Look on our website for more information about our club. www.holtbowlsclub.co.uk



Footie Quiz – European Competitions

- 1 Which was the last season that only national champions and last season's winners were the only teams to play in Champions League?
- 2 Who were the first finalists in the UEFA Cup (now called the Europa League)?
- 3 Which country has most different teams win the Champions League and predecessor European Cup?
- 4 Which team has won most UEFA Cup (now called the Europa League) finals
- 5 Has one country won all 3 major European trophies in a season?
- 6 How many Scottish teams have won UEFA Cup (now called the Europa League)?
- 7 Which country and which teams have won most UEFA Conference League titles?
- 8 Which country won the most UEFA Cup Winners cups before it was finished in 1998-1999 and which team won most finals?
- 9 How many different teams have won the Champions League and predecessor European Cup.....
- 10and who are they (point for each) Minus one for each you don't get.

Not Arsenal (Pictured)

Answers are upside down in this issue elsewhere

- No cheating!



Could You Give a Little Time to Make a Big Difference in Sheringham or North Walsham?

The Healing Harbour, a small volunteer led charity in North Norfolk, is looking for kind, community minded people to join our volunteer team. We support individuals living with life shortening or life threatening health conditions, along with the family members who care for them. Many of the people who come to our drop ins are coping with isolation, loneliness, or worsening health - a friendly face and listening ear can mean more than you might imagine. We are currently seeking volunteers to help at our community group sessions in Sheringham and North Walsham. We need help with:

- Making and serving refreshments
- Washing up and keeping the space welcoming

- Greeting people and offering a supportive, listening ear
 - Helping create a warm, safe, relaxed atmosphere
- We are also looking for volunteers with an interest in gardening who could offer table top nature based activities for people whose mobility or health limits what they can do.



You don't need special qualifications - just compassion, reliability, and a willingness to be part of a small, dedicated team making a real difference in your local community.

If you'd like to support others, meet new people, and be part of something meaningful, we would love to hear from you. Please contact Alison Brennan (Chair Trustee)

Email: thehealingharbour22@gmail.com
Tel: 0758 5586469

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- Kevin 07758 371272
- Or just turn up on the night!

Paul Burnham: Wild Landscape Photography Exhibition

Paul, originally from Norfolk, served an apprenticeship as a photographer before moving into wildlife conservation. He combines his passions by using his wildlife and countryside photographs to illustrate lectures, books and magazine articles. Having lived in England, Wales, and France, he now resides in North Walsham. His work showcases wild landscapes, featuring atmospheric shots of wildlife in their natural habitat.

Paul enjoys showing his photographs at the Cley centre and, having worked in conservation, he can share his experiences with visitors whilst contributing to the NWT from any sales of his work. He will be present at the centre during the exhibition.

The exhibition runs at the NWT Cley Marshes Visitor Centre from 17 June to 1 July 2026, Monday to Friday, 10.00 am to 5.00 pm



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Friends of Kelling Hospital

The Friends of Kelling Hospital have had a very busy month fund-raising to support the patients at Kelling Hospital in our various ways, such as maintaining the gardens, providing newspapers and purchasing some useful equipment to make a stay in



the Hospital a little easier. On a blustery day in April, we held a collection at Budgens, so we thank all the kind donations from the kind shoppers providing us with a current total of £124.00

We also ran a lively Quiz in The Venue, with the kind help of Gerry and Andrew as Quiz Masters. We ran several teams and tackled questions from a wide range of areas, some familiar and some certainly got our brains moving. Many different prizes were won, and the award goes to the team from the Methodist Church who were our worthy winners. Our thanks go to all those who helped make the quiz such a great event and all those who attended, as it was great to get together. The event raised £582.50 for the Kelling Hospital. We send our huge thanks for the generosity of all the local businesses who donated the wonderful array of raffle prizes.

If you would like to know more about or support the Friends in our work, please contact Liz Pedlow membership secretary on friends@kellinghospital@outlook.com with an annual subscription of £12 per year

The Arts Society Glaven Valley

The Arts Society Glaven Valley meets at Cley Village Hall for lectures on arts-related subjects once a month on the third Tuesday, at 2.15 pm. New members are welcome, and you can find out more about us and how to join on our website www.theartsocietyglavenvalley.org.uk

LAST MEETING OF THE 2025-6 SEASON:
AGM FROM 1.45 pm

Tuesday 16th June Dazzling Dufy:

Invitation to a Luminous Feast with Raoul Dufy. Raoul Dufy (1877-1953) was a key player in early twentieth-century avant garde art, design and literary/theatrical circles in Paris. His imagination and technical virtuosity – across a range of media from painting and lithography to posters, book illustration, theatrical set design, textiles and fashion, ceramics and large murals - cut across all conventional boundaries. Our distinguished speaker, Mary Alexander, is an art historian, design consultant and internationally renowned lecturer. From 2016-2021 she was President of The Arts Society Glaven Valley.



Visitors are welcome to attend the lecture on payment of £10 but will be asked to wait outside the hall until the AGM is over, please email our secretary at: tasgvsecretary@gmail.com.

Tennis Facts

Before tennis players used rackets, people would use the palm of their hands to hit the ball back and forth over the net.

Before yellow tennis balls, they were white. It wasn't until Wimbledon in 1886 when yellow tennis balls were used.

During a match, a player on average runs 3 miles. Due to the restricted length of a tennis court, that is a difficult 3 miles of continuous back and forth moving!

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www.extrahandshomecarenorfolk.co.uk

Extra Hands is regulated by the CQC to provide care and meet all of the CQC National Standards





Frederic Landes-Hunstanton

North Norfolk Photographic Society: Shooting Lighthouses

Photography is of course a fantastic hobby and with the development of mobile phone cameras it is now accessible to absolutely everybody. One reason why it is so popular is the broad range of possible subjects that are of interest to different people. Wildlife, landscape, architecture, street photography and portraits are just a few of the many accepted genres practised by our members.

Like several other club members, I have a keen interest in the coastline around the British Isles. Picturesque fishing harbours, dramatic cliffs and iconic lifeboat stations are amongst the favoured subjects. But for me together with some of my coast loving club colleagues it is the lighthouses that seem to hold our attention.

We are blessed with a huge variety of lighthouses here in the UK with many of them found in some of our most spectacular coastal locations. They are

certainly a very photogenic subject with their variety of sizes, architectural styles and colours. For my own coastal travels, I use a book called 'The British Lighthouse Trail' by Sarah Kerr as she explains the locations, access and where to park in great detail. In addition, the Ordnance Survey and Google Maps can be very useful in guiding me to some of the more remote locations.



Val Walker-Happisburgh

So, what is my favourite lighthouse of the ones that I have photographed so far? Well that has to be St Mary's in Whitely Bay as I was fortunate to visit last year just after it had undergone a complete refurbishment. My wife thought that I was totally barmy to be leaving the hotel at 5am with my drone in order to catch the sunrise but I think that you will agree that it was worth sacrificing a few hours sleep.

If you would like to know more about our friendly club, then do please come along to a meeting. Your first visit is free of charge with no obligation to join and the meetings take place on the 1st & 3rd Wednesdays of each month from September to June starting at 7.30pm in the Bodham Village Hall, Bodham, NR25 6AD

For membership enquiries email: membership@nnps.uk

For more information visit: www.nnps.uk

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